## Siesta

## **Tibetan Incense**

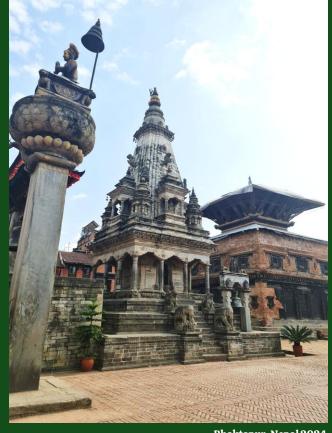
Traditional Tibetan incense is composed of a variety of 100% natural herbs, spices, resins and precious woods found in the Himalayan region. Most are made using ancient recipes and often used for ceremonial purposes. You'll see all the ingredients listed for each incense, however, some local herbs do not have an English translation and therefore you may see 'other Himalayan herbs' instead of a specific plant.

These incense sticks are thicker than normal (appx 0.5cm) as they do not contain a bamboo stick and are hand-rolled, so they will require a larger incense holder; or you can just balance them in sand!

Siesta provide one of the largest selections of Tibetan incense in the UK are mainly supplied and made by Tibetan communities settled in Nepal.

Siesta is a member of BAFTS Fair Trade Network UK, that means we work to the <u>10 Principles of Fair Trade</u>. We visit our suppliers and makers in person, ensure they have good working conditions and are paid a fair wage, and we also ensure we work as sustainably as possible.





Bhaktapur, Nepal 2024

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