

### Caution:

If you are pregnant, breast feeding or taking medication, please consult your healthcare practitioner before use. Not intended for use by a person under the age of 18. Discontinue use and consult a doctor if adverse reactions occur. These ingredients may vary slightly in appearance or colour, this will not affect the quality of the product. This product should not be used as a substitute for a varied and balanced diet or a healthy lifestyle. This product is suitable for Vegans & Vegetarians.

### Storage:

Please keep me in a cool dry place (below 25°C), and reseal me after use. Keep out of sight and reach of children.

### Manufactured for:

gut-smart ltd  
Paddocks Farm  
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### Get in touch:

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For best before and  
batch number see below.

gut-smart **DUO** is a food supplement providing a botanical blend of Turmeric and Black Pepper.

### DIRECTIONS FOR USE:

As a food supplement for adults, take 1 tablet up to 2 times per day, preferably at mealtime, or as directed by your healthcare practitioner. Do not exceed the recommended daily intake. Do not use if the seal is broken.

### NUTRITION INFORMATION

1 Tablet typically provides:	Amount	%RI*
Turmeric (Curcuma longa L.) (from 50mg of a 50:1 extract, providing 47.5mg of curcuminoids)	2,500mg	†
Black Pepper (Piper nigrum L.) (from 10.5mg of a 60:1 extract, providing 10mg of piperine)	630mg	†

\* Reference Intake † Reference Intake not Established

### INGREDIENTS

Turmeric Extract, Bulking Agents (Microcrystalline Cellulose, Di-Calcium Phosphate), Black Pepper Extract, Anti-caking Agent (Magnesium salts of fatty acids).



I'm 100% Recyclable. Your kerbside collector may accept me, please check, or return me to your local store.



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