



REISHI MUSHROOM EXTRACT CAPSULES - Unearth the ancient secrets with The Reishi Mushroom. A Natural elixir, revered in traditional Chinese medicine for centuries. Also known as the 'Mushroom of Immortality', Reishi has wide benefits to help the human body & mind, achieving balance, tranquillity & well-being and a great natural sleep aid. Providing you with some of the UK's highest quality Lions mane extract with a 20:1 extract strength. Take 2 per day for a 60 day supply. Reishi is rich in triterpenoids, which give this powder its strong bitter taste. These triterpenoids do not only just have an effect on taste, they also have effect on helping your body manage stress, promoting a sense of calm, balance & promoting a more natural better sleep.

Full List Of Ingredients:

Organic Reishi Extract (20:1), Black pepper extract, Vegetable Capsules

How To Use:

Take 2 capsules per day