

#### PRODUCT INFORMATION:

Six tablets typically provide:

		%NRV**
Vitamin C	120mg	150
Calcium	180mg	23
Copper	0.45mg	45
Hydrolysed collagen (marine, non-shark)	6000mg	

\*\*NRV = Nutrient Reference Value

**INGREDIENTS:** Hydrolysed collagen (from **fish**), lithothamnium calcareum, bulking agent: microcrystalline cellulose, anti-caking agent: magnesium stearate, L-ascorbic acid (vitamin C), zein protein coating, copper citrate.

Allergy advice: see ingredients in **bold**

No artificial colours, flavours or preservatives.  
No yeast, added sugar or salt

**WARNING:** If you are pregnant, breastfeeding, taking any medication or have a medical condition, please consult your healthcare professional before using this product.

This product has not been tested on animals.

# HIGHER NATURE®

BODY HEALTH

## COLLAGEN TABLETS

With vitamin C,  
copper & calcium  
for skin, bones & joints\*



90 tablets

#### COLLAGEN TABLETS

##### FOOD SUPPLEMENT - 90 TABLETS

- ✓ Key structural protein naturally found in skin, bones and joints
- ✓ Hydrolysed for easy absorption and maximum benefit
- ✓ Vitamin C contributes to normal collagen formation for the normal function of skin, cartilage and bones\*
- ✓ Copper supports connective tissue whilst calcium supports bones\*

**DIRECTIONS:** Adults take 2-10 tablets a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STORAGE:** Store in a cool, dry place out of reach of children.

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