Ingredients

Lithothamnion calcareuem (Red Marine Algae), Zinc Citrate

Usage

Serving Size 1/2 teaspoon (2.5g)

Suggested Use Take 1/2 teaspoon (2.5g) daily, dissolved in water, away from meals. Do not exceed recommended daily intake. This daily amount may cause mild stomach upset in sensitive individuals

Servings Per Container: 60 (x2.5g) servings

Storage: Store in a cool, dry place