

Product Code:	S-AA-D-029	Description:	Creatine 1g Pectin Gummy		
Effective Date:	30 May 2025	Version:	1	Weight:	5g
Colour:	Green	Shape:	Round-2	Flavour:	Sour Apple

Ingredients and Breakdown Components	% Input Range	Providing
Creatine Monohydrate	14 - 41	Creatine: 1000mg
Glucose Syrup	15 - 44	
Sucrose	12 - 37	
Refined Sucrose	3.5 - 11	
Glycerine	2.3 - 6.8	
Purified Water	1.5 - 4.5	
Pectin (Pectin 65-75%, Sucrose 25-35%)	0.9 - 2.7	
Trisodium Citrate Dihydrate	0.65 - 2	
Citric Acid Monohydrate	0.5 - 1.5	
Natural Apple Flavouring (Propan-1,2-diol 50%, Glyceryl Triacetate 10%, Natural Flavouring Substance 30-40%)	0.13 - 0.39	
Tricalcium Phosphate	0.11 - 0.33	
Sodium Copper Chlorophyllin Complex (Water 96-97%, Sodium Copper Chlorophyllin Complex 11-15%, Sodium Hydroxide 0.01-0.1%)	0.05 - 0.15	

Suggested Ingredients List:

Sucrose, Glucose Syrup, Creatine Monohydrate, Humectant (Glycerol), Water, Acidity Regulators (Trisodium Citrate, Citric Acid), Gelling Agent (Pectin), Natural Flavouring (Apple), Bulking Agent (Tricalcium Phosphate), Colour (Sodium Copper Chlorophyllin).

Allergen Declaration:

No major allergens as per Regulation EU 1169/2011. May contain Gluten, Crustaceans, Milk, Fish and Soy.

Storage Conditions:

Product should be stored in the original unopened packaging, at 5-25°C temperature, relative humidity of 35-75%, and out of direct sunlight.

Shelf Life:

24 months after the manufacturing date providing the product is stored at the storage conditions shown.

Heavy Metal Limits:

Lead: ≤1.5mg/kg; Arsenic: ≤1.0mg/kg; Mercury: ≤0.1mg/kg; Cadmium ≤1.0mg/kg

Microbiological Limits:

Total aerobic microbial count: $\leq 1,000$ cfu/g; Mould: ≤ 25 cfu/g; Yeast ≤ 25 cfu/g; E. coli ≤ 10 /g; Salmonella: ≤ 10 /g; S. aureus ≤ 10 /g

HTC Group Limited
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Signature:



Title: Compliance and Regulations Manager

Date: 18 November 2025