



NUTRITIONAL INFORMATION	1 CAPSULE TYPICALLY PROVIDES	%NRV*
Vitamin B6	1.7 mg	121%
Magnesium	56.3 mg	15%
Chromium	40 µg	100%
Ashwagandha Root Extract 5:1 eq. to*	500 mg	**
Chamomile Flower Powder	50 mg	**
Sour Cherry Fruit Powder	50 mg	**
Hops Flower Powder	50 mg	**
L-Glycine	50 mg	**
L-Taurine	50 mg	**
Lavender Grass Extract 4:1 eq. to*	60 mg	**
Sage Leaf Extract 5:1 eq. to*	50 mg	**

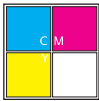
*Nutrient Reference Value **NRV not established
*Equivalent amount of whole herb

INGREDIENTS: Magnesium Citrate, Vegetable Capsule Shell (Hydroxypropyl Methylcellulose), Maltodextrin, Chamomile Flower Powder (*Matricaria recutita*), Glycine, Taurine, Hops Flower Powder (*Humulus lupulus*), Sour Cherry Fruit Powder (*Prunus cerasus*), Lavender Grass Extract (*Lavandula angustifolia*), Sage Leaf Extract (*Salvia officinalis*), Ashwagandha Root Extract (*Withania somnifera*), Anticaking Agent (Ascorbyl Palmitate), Bulking Agent (Microcrystalline Cellulose), Pyridoxine Hydrochloride (Vitamin B6), Chromium Chloride.



CLIENT: Health & Her
DATE: 11.10.23
JOB NO: H&H30
FILE NAME: H&H_Sleep+_Carton_artwork.ai
VERSION: Artwork 06
SOFTWARE: Adobe Illustrator CC

Colours/finishes:



7710c

For Reference
Aim to match as close as possible



7446c
Sleep colour

Notes:

The colours on this print out are not accurate and are intended to be used as a guide only. Do not use for matching purposes unless otherwise stated. This artwork does not contain and trap/grip/chokes. Fonts will not be supplied with this artwork. All colours specified are from the PANTONE® matching system unless otherwise stated.