

1000mg with Vit. C, D & Zinc

60 Capsules VEGAN

COLD-PRESSED

HealthAid®  
Black Seed Oil  
(Nigella sativa)

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(Nigella sativa)  
COLD-PRESSED

60 Capsules

VEGAN

1000mg

with

Vitamin C, D & Zinc

which contribute to normal function of

Immune System



High Thymoquinone

HealthAid®

HealthAid®

Black Seed Oil, 60 Capsules  
FOOD SUPPLEMENT

**Black Seed Oil** (*Nigella sativa*), also known as Black Cumin Seed Oil, is a high source of beneficial **Omega 6** and **9** fatty acids, **Vitamins**, **Minerals**, **Antioxidants**, as well as its key active ingredients, **Nigellone** and **Thymoquinone**. The formula is fortified with **Vitamin C**, **D3** and **Zinc** which contribute to the normal function of the **immune system**. HealthAid® Black Seed Oil is cultivated **without using chemical fertilisers, herbicides and pesticides**. The Oil has the highest Thymoquinone content, made exclusively from Black Cumin Seed, and **cold-pressed without chemical extraction or use of any preservatives**.

**Caution:** Please seek professional advice before taking this supplement if you are trying to conceive, pregnant, breastfeeding or on prescribed medication.

**BEST BEFORE END & BATCH No.**  
**SEE BASE OF CARTON**

Store in a cool dry place out of sight and reach of children

**HEALTHAID LTD**  
Harrow, Middlesex, HA1 1UD, England  
[www.HealthAid.co.uk](http://www.HealthAid.co.uk)

16/6/21 JP (new product)

26/11/21 JP (update ingredients and table)

29/11/21 JP (added PC & BC supplied by Edwina.)

7/1/22 JP (Amends from Slawek)

10/1/22 JP - Front panel & Blurb changes - Dilip

13/1/22 JP - Front panel amends & remove Free from Sugar.....Dairy - Dilip

13/1/22 JP - 2nd statement, change Rich in.... to High....

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**Recommended Daily Intake:**


Adults, one capsule twice daily, preferably with meals.

Each Capsule provides approx.:	%NRV
Vitamin C.....60mg	150
Vitamin D.....500 IU	500
Zinc.....10mg	200
Black Cumin ( <i>Nigella sativa</i> ) Seed Oil.....1000mg	*
(30-40mg Thymoquinone**)	

NRV : EC Nutrient Reference Value

\*: EC NRV Not Yet Established

\*\*: Batches may vary in Thymoquinone content

 Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**Ingredients:** Standardised Cold-pressed Black Seed Oil (*Nigella sativa*), Shell [corn starch, glycerol, carrageenan, natural colourant (black iron oxide), disodium phosphate], Ascorbic Acid (Vit. C), Bulking Agent (mono and diglycerides of fatty acids, rapeseed lecithin), Zinc Citrate, Cholecalciferol (Vit. D3).

**Allergy Advice:** For allergens, see ingredients in bold.

**Free From Artificial Colours, Preservatives & Flavourings.**  
**Suitable for Vegetarians & Vegans.**

804028



160621

NAME & DESIGN:  
AMOUNT PER PACK:  
PRODUCT CODE:  
BARCODE:

Black Seed Oil / Carton  
60 Capsules  
804028  
5019781056934

VARNISH FREE AREA →

← VARNISH FREE AREA

PANTONE COLOURS CARTON: Rich Black CMYK (PRIMARY) / 272C & 369C (SECONDARY) / CMYK  
CARTON SIZE: Size 4  
DIMENSIONS: 58 X 110mm