

PROOF

Date: 03-06-14

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Amendments required. No new proof needed

Amendments required. New proof needed

Customer Signature





Dr Stuarts promises that every asterisked * herb is of highest quality active botanical grade

Adults: One sachet one hour before retiring. Not recommended for children.

WARNING:

Can cause drowsiness. If affected, Do not drive or operate machinery. Avoid alcoholic drinks.

Ingredients: Limeflowers*, Valerian root* (20%), Hops (15%), Passion flowers, Fennel*. Limeblom*, Valeiranarot* (20 %), Humle (15%), Passionsblom, Fänkål*.

Flor de lima*, Raíz de valeriana* (20%), Lúpulos (15%), Flor de la pasión, Hinojo*. Flor de lima*, Raiz de valeriana* (20%), Lúpulo (15%),

Martírio, Funcho*. Fleurs de Citronnier*, Racines de Valeriane* (20%), Houman (15%), Fleurs de Fruits de la Passion, Fenouil*. Fiori di limetta*, Radice di valeriana (20%), Luppolo (15%), Fiori di frutto della passione, Finocchio*.

Lindenblüten*, Baldrianwurzeln* (20%), Hopfen (15%), Passionsblume, Fenchel*,

Lindebloesem*, Valeriaanwortel* (20%), Hop (15%), Passiebloesem, Venkel*. ライムの花*,ヴァレリアンの根茎*(20%),ホップ(15%),

(ッション・フラワー, フェンネル* 青柠花, 缬草根 (20%), 蛇麻草, 西番莲, 茴香

المكونات: زهر الليمون، جنر الناردين (۲۰%)، جنجل(۱۵%)، ز هر بيشن، شمار (صنع في المملكة المتحدة)

ACTIVE BOTANICALS GUARANTEE Dr Stuart promises that:

Every herb is of the highest quality Only the most prized parts of the plant are used All blends are created by a world-leading ethnobotanist Dr Stuart's has 15% less packaging than before

HOW TO MAKE EXTRAORDINARILY GOOD TEA

Use one bag for a cup, two for a mug. Pour on freshly boiled water. Allow the tea to brew for a good four or five minutes the Active Botanicals need this time to release all their valuable essential oils. Cover the mug while brewing or use a little teapot to keep even more goodness in.

DOSAGE

Adults: One tea bag, an hour before bedtime. Warning - can cause drowsiness. Do not drive or operate machinery. Avoid alcohol. Not recommended for children.

NUTRITIONAL INFORMATION Typical values per 100ml of Dr Stuart's

Energy (less tha	17 KJ n 4 KCAL)	Fat Of which saturates	nil nil
Protein	0.5g	Fibre	nil
Carbohydrates	0.5g	Sodium	nil
Of which sugars	0.5g	Salt (based on sodium)	nil

DR STUART'S

KITHURST BARNS STORRINGTON WEST SUSSEX RH20 4HT ENGLAND



VALERIAN PLUS

15 ENVELOPED BAGS

26g NET WT 0.91oz

VALERIAN PLUS: BENEFIT BLEND

A herbal infusion with valerian root and hops.



SAY HELLO TO DR STUART

As a leading ethnobotanist I've spent more than 30 years studying and using plants that are really useful to people. I know that for the best quality and flavour, only well-grown, carefully harvested herbs will do. That's why I'm personally involved in selecting and blending the 'pick of the crop' for all our extraordinarily good teas. In fact, the herbs inside are so good and bursting with flavour, I've called them 'Active Botanicals.'

WHAT ARE ACTIVE BOTANICALS?

Herbs of the highest quality, picked from the most prized parts of the plants, with the most essential oils. That means the most aromatic flavourful and beneficial tea possible.

ONLY THE BEST GO INTO DR STUART'S EXTRAORDINARILY GOOD TEAS.



IF YOU LOVE VALERIAN PLUS, TRY MORE OF OUR BENEFIT BLENDS:



Stuarts extraordinarily good teas. visit www.drstuarts.com

Stuarts

a range of Dr. S details please

n Plus is part of a r

Valerian 1

Tranquillity • Detox • Echinacea Plus Triple Ginseng Plus • Ginkgo Plus Skin Purify • Liver Detox







accepted as correct.

COMMENTS



Date



Harrison Packaging cannot accept responsibility for any errors found after proofs have been







