

Organic Mushroom Honey Ingredients:

285g Organic Acacia Honey

15g mix of 7 organic mushrooms Reishi, Chaga, Shitake, Maitake, Lion's Mane, Cordyceps, Tremella.

Nutrition Typical values 100g:

Energy:1430kJ/337kcal, Fat<0.5g of which saturates <0.1g, Carbohydrate 83.19g of which sugars 1g, Total sugar 62.4g Fiber 1.1g Protein 0.4g Salt <0.1g