

Nutritional information (per 100g)	Lake Natron Salt and Pepper Cashew Nuts
Energy kJ	2176.7
Energy kcal	525.1
Fat g	43.9
Saturates g	8.2
Carbohydrates g	15.8
Sugars g	4.2
Fibre g	3.0
Protein g	16.2
Salt g	0.8
Ingredients (allergens in Bold)	Roasted Cashew Nuts (Nuts) (97%), Salt (2%), Black Pepper (2%)