

104.000 mm

Wessex Mill®**Plain Flour****Ingredients**

wheat flour, calcium carbonate, niacin, iron, thiamine.

Allergen Advice

For allergens, including cereals containing gluten, see ingredients in **bold**.

Nutrition

Typical values	per 100g
Energy	1450kJ/341kcal
Fat	1.3g
of which saturates	0.2g
Carbohydrate	70g
of which sugars	1.5g
Fibre	3.1g
Protein	9.0g
Salt	0g

Grown and milled in the UK.



Cake flour made from grain grown locally to the mill. Use in any recipe requiring plain flour to make delicious cakes, scones and soda bread.

Always cook flour before consumption.

Store in a cool dry place.
Best Before see back

V1



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1.5kg e

CGL_104150

Colours:
cmyk process



CMYK