



Date: 07/07/2014
Customer: Lifestream

Operator: PC

DEDICATED TO INNOVATION.

Label Size: 70 mm Across web 201 mm Around 3 mm Radius corners
Description: Ultimate Greens GLIFE3461D-B
Colours used: DIELINE DOES NOT PRINT



YOUR LABELS WILL
BE SUPPLIED
IN THE FORMAT
INDICATED BELOW



LIFESTREAM ULTIMATE GREENS
Lifestream Ultimate Greens is a highly effective blend of the Green Superfoods: Lifestream Spirulina, Lifestream Chlorella and Lifestream Barley Grass. These are nature's 'green' foods and they provide micronutrients that are often lacking in processed foods but are a necessary part of our diet. The naturally occurring phytonutrients in Lifestream Ultimate Greens support everyday greens intake.

GLUTEN FREE - GE FREE - ANIMAL PRODUCT FREE - 100% VEGETARIAN
This product is free from wheat, gluten, milk derivatives, nuts, yeast, sugar, artificial colours, flavours, binders, additives, synthetics and preservatives.

CAUTION: Due to Chlorella's powerful effects in the bowel, this product may not be appropriate during pregnancy or breastfeeding. In the very rare case of vomiting or nausea or if intestinal pain or constipation continues, then discontinue use and seek healthcare advice. Please remember anything taken internally may interfere with essential medications. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a healthy and balanced diet. Keep out of reach of children.

Store below 30°C. Keep dry and tightly sealed.
Store bottle in a cool, dry place away from direct sunlight.
DO NOT USE IF CAP SEAL IS MISSING OR BROKEN
Best before (end):

Packaged in New Zealand from local and imported ingredients.
Lifestream International Ltd, 24 Kawana Street, Northcote 0627,
PO Box 1374, Auckland 1140, New Zealand. www.lifestream.co.nz

Distributed in the UK by:
Planet Health, 7 Old Forge, Barnsley, Cirencester, GL7 5EG, UK.
www.planethealth.uk.com
© Lifestream International Ltd. 2014 CODE 3461-2

Green Nutritional Boost
Lifestream Spirulina, Chlorella & Barley Grass

FOOD SUPPLEMENT
NET 90g POWDER

For best before and storage - see left panel

INGREDIENTS: Equal blend of Spirulina, Barley Grass & Chlorella

	Quantity per serve	Quantity per 100g
Energy	38kJ 9kcal	1285kJ 304kcal
Protein	1.6g	52g
Carbohydrate	0.2g	7.9g
- sugars	<0.1g	2g
Fat, total	0.2g	7.2g
- saturated	<0.1g	2.4g
Fibre	0.5g	15.1g
Sodium	9.6mg	321mg
Folic Acid	38mcg (19% RDA*)	1253mcg
Chlorophyll	5.5mg	1611mg
Total Carotenoids	10.5mg	182mg

RDA* = recommended daily allowance
All values specified above are averages

SERVING SUGGESTION:
Adults: Consume one rounded teaspoon daily with food.
Children 6 - 12 years: As directed by your Health Professional.

Add to fruit juice, yogurt or your favourite smoothie and mix well. For those training heavily or needing extra nutrition, higher amounts can be consumed as desired. Due to the 3 different shades of these 3 Ultimate Greens, you may notice natural colour variation in the powder.

Please recycle.

Proof at 100%

Every care is taken to avoid mistakes. However, no responsibility will be taken for errors not noted and re-submitted for corrections. This file is intended for checking only, and as colours may vary depending on your monitor or printer it is not indicative of the quality or colour of the final printed result. Copyright © 2006. All rights reserved. Hally Labels Pty Ltd ACN 002 981 240 is the owner of the copyright in this document and any related document pursuant to the Copyright Act 1968. No part of this document or any related document may be reproduced or transmitted by any means without the prior written consent of Hally Labels Pty Ltd ACN 002 981 240.