



**REGULAR BOWEL MOVEMENTS**

**Fibre Trim™** by New Nordic is a food supplement in the form of vegan tablets. Sugar beet fibre contributes to an increase in faecal bulk and thereby helps to maintain regular bowel movements. This supplement contains natural sugar beet fibre, Red Core™ apple extract, reishi mushroom extract and wakame extract. Each daily dose contains 4200 mg of sugar beet, providing 3000 mg of dietary fibre.

**RECOMMENDED DAILY DOSE**

**Take 6 tablets daily with a glass of water.** Food supplements are intended to supplement the diet and should not be a substitute for a varied diet or healthy lifestyle. Do not exceed stated dose. **Caution:** Consult your doctor before using if you are under medical supervision, taking medication, pregnant or breastfeeding. **Warnings:** Not suitable for children under 12 years of age. Do not use in the inner seal or foil is broken or tampered with. Keep out of reach of children.

**INGREDIENTS**

Sugar beet fibre (*Beta vulgaris* L.), bulking agents (calcium carbonate, dicalcium phosphate, microcrystalline cellulose, cross-linked sodium carboxymethyl cellulose), Red Core™ apple extract (*Malus domestica* L.), reishi mushroom extract (*Ganoderma lucidum* Karst), wakame extract (*Undaria pinnatifida*, (Harvey) Suringar), anti-caking agent (silicon dioxide), glazing agents (hydroxypropyl methyl cellulose, magnesium salts of vegetable fatty acids, glycerol).

Food supplement. Net weight: 254,7 g.

Store in a cool, dry place, out of direct sunlight.



# Fibre Trim™

**Sugar beet fibre helps to maintain regular bowel movements**

**Wakame helps with body weight control**

MANUFACTURED IN SWEDEN

**Sugar beet with dietary fibre, Red Core™ apple and reishi mushroom extract**



Food supplement • 180 tablets

CONTENT PER DAILY INTAKE	6 tabl.
Sugar beet fibre ( <i>Beta vulgaris</i> L.) hereof dietary fibre:	4200 mg 3000 mg
Red Core™ apple extract ( <i>Malus domestica</i> Borkh.)	300 mg
Reishi mushroom extract ( <i>Ganoderma lucidum</i> Karst)	150 mg
Wakame extract ( <i>Undaria pinnatifida</i> , (Harvey) Suringar)	150 mg



UK 0800 389 1255  
IE 0404 62444



www.newnordic.co.uk  
www.naturalife.ie

U.K.: New Nordic Ltd, Brick Kiln, Minstead, Lyndhurst, SO43 7GB

IRELAND: Naturalife Health, 3-5 Charvey Business Park, Rathnew, Co.Wicklow, A67 WV06



*Created by Nature, Backed by Science,  
That's Our Promise to You.™*

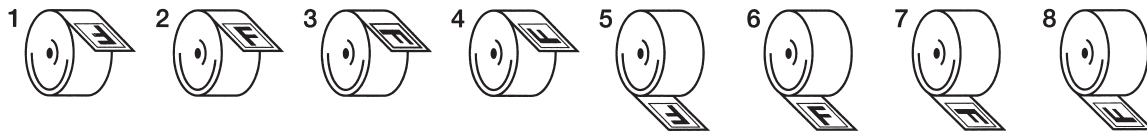
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E044246-1

Lot n.° / Best before End date:



**Kunde:** New Nordic  
**Job nr.:** AL14202433\_New  
Nordic\_E044246.pdf

**Korrektur nr.:** 3  
**Dato for 1. korrektur:** 17-09-2025

**Størrelse:** 78 x 210 mm  
**Rulleskema nr:** 3  
**Trykmetode:** Digital  
**Materiale:** Silver Vac  
**Lak:** Blank Laminat

	Cyan		Black	-
	Magenta		Indigo5=Hvid	-
	Yellow		Stans	-

**OBS:** Gennemgå venligst korrektur meget nøje for fejl!. Fejl kan altid opstå mellem programmerne og videre bearbejdning. For fejl De ikke retter inden godkendelse, påtager vi os intet ansvar.



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**ACTIVE INGREDIENTS**

Sugar beet fibre (Beta vulgaris L.), bulking agents (sodium carbonate, dicalcium phosphate, microcrystalline cellulose, cross-linked sodium carboxymethyl cellulose), Red Core™ apple extract (Malus domestica Borkh.), reishi mushroom extract (Ganoderma lucidum Karst), wakame extract (Undaria pinnatifida, (Harvey) Suringar), anti-caking agent (silicon dioxide), glazing agents (hydroxypropyl methylcellulose, magnesium salts of vegetable fatty acids, glycerin).

Food supplement. Net weight: 254,7 g

Store in a cool, dry place, out of direct sunlight.



CONTENT PER DAILY INTAKE		g tabs
Sugar beet fibre (Beta vulgaris L.)	4200 mg	
herbal dietary fibre	3000 mg	
Red Core™ apple extract (Malus domestica Borkh.)	300 mg	
Reishi mushroom extract (Ganoderma lucidum Karst)	150 mg	
Wakame extract (Undaria pinnatifida, (Harvey) Suringar)	150 mg	

UK: 0800 308 1235  
 FR: 0494 89494

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 (IRELAND) Natura Fit Health, 3-5 Charney Business Park, Rathnew, Co. Wicklow, A57 WY06

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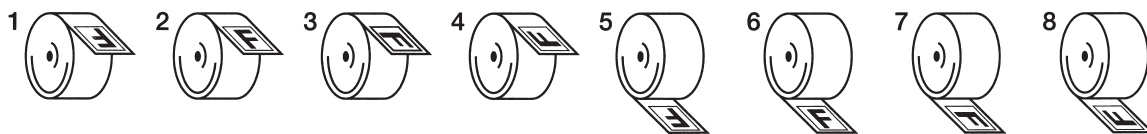
Lot n° / Batch code: E044246



Sugar beet with dietary fibre,  
 Red Core™ apple and reishi  
 mushroom extract



Food supplement • 120 tablets



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**Job nr.:** AL14202433\_New  
 Nordic\_E044246.pdf

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**Dato for 1. korrektur:** 17-09-2025

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