



Ingredients: Sparkling Spring Water, Raspberry Extract, Lemon Balm Extract, TripleMG (Magnesium Citrate, Threonate and Glycinate), Raspberry Flavouring, Acidity Regulator (Citric Acid)

Nutrition Value per 100ml: Energy 5kJ/1kcal; Fat 0g, of which saturates 0g, Carbohydrates 0.3g, of which sugars 0g, Protein 0g, Salt 0.01g; **Per 330ml:** Magnesium 60mg (16% NRV*). **Magnesium helps reduce tiredness and fatigue.** *NRV=Nutrient Reference Value