

Formula & Directions



Directions

Mix 10-20 grams (approx. 1-2 tablespoons) into a large glass of water or other drink like tea, coffee, juice or smoothie. Can also be added directly to food. Stir well before serving.

Cautions

Do not take bovine collagen if you are allergic to beef. You should stop taking any nutritional supplement if you notice adverse effects.

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Nutritional Information

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Serving Size: 10-20 grams (approx. 1-2 tablespoons)

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Servings Per Container: 25-50

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Ingredients

100% Pure Agglomerated and Hydrolysed Bovine Collagen Peptides (from grass-fed and pasture-raised cattle).

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