

Ingredients

**Nutritional information
(As labelled)**

Allergens

Water, textured **soy** protein (defatted **soy** flour (4.3%), **wheat gluten**, **soy** protein isolate (2.2%), corn starch) (10.8%), **soy** protein isolate (8%), **soy** oil (5.3%), thickener (distarch phosphate, xanthan gum), spices (**mustard**), sugar, flavorings, **wheat gluten**, yeast extract, salt, coloring (beet red, paprika red), iron, vitamin B12.

Nutritional information
Typical values per 100g
Energy (Kj)
Energy (kcal)
Fat (g)
of which saturates (g)
Carbohydrate (g)
of which sugars (g)
Fibre (g)
Protein (g)
Salt (g)
Iron (mg)
Vitamin B12 (µg)
*Reference intake of an average adult (8400 kJ/2000 kcal)

Sodium (g)

Contains **soy**, **gluten** and **mustard**

May contain traces of **celery** and **sesame**.

645
154
6.4
1.4
6.9
2.0
4.3
15
2.0
3.67 (31.91%*)
1 (66.6%*)

0.80