## Formula & Directions



Take one tablet daily with food and plenty of water or as directed by your healthcare professional.

## **Nutritional Information**

Serving Size: 1 Tablet

Servings Per Container: 365

Ingredients	Amount Per Serving	*NRV
Biotin	12,000 mcg	24,000%
Coconut Oil Powder	10 mg	**

<sup>\*</sup>NRV = Nutrient Reference Value

## Ingredients:

Bulking Agents (Dicalcium Phosphate, Microcrystalline Cellulose), Coconut Oil Powder, D-Biotin, Anti-Caking Agents (Magnesium Stearate, Silicon Dioxide).

## Safety



High doses of biotin may interfere with hormone blood-level test results. Stop taking 1- 2 days before any such examination to ensure accuracy.

This vitamin is completely water-soluble, the body doesn't store it.

VitaBright supplements are produced in state-of-the-art, BRC accredited grade AA, UK manufacturing facilities operating to GMP standards. We use only the finest ingredients, double seal all bottles, and test for heavy metals to ensure there is no compromise on quality or safety.

This product is not designed to replace a varied and balanced diet. Do not exceed stated dose. If you are pregnant, breastfeeding or taking any medication, please consult your doctor before use. Store in a cool, dry place. Keep out of reach of children.

<sup>\*\* =</sup> No NRV Established