

## Product

<b>Name</b>	Organic Ashwagandha Powder
<b>Description</b>	Just Natural Organic Ashwagandha Powder is sourced from only the best organic producers in India. Ashwagandha has been used for thousands of years in Ayurvedic, Indian, and Unani medicine. It is classified as an adaptogen, helping the body adapt to stress and support resilience to psychological and physiological demand. And It's packed in our 100% plastic free home compostable pouches.
<b>Code</b>	JN280
<b>Barcode</b>	5056078807527
<b>Country of Origin*</b>	India
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

## Packaging

<b>Net Content</b>	100g
<b>Packaging Type*</b>	Home Compostable Packaging (Certified)
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## Shelf Life

<b>Maximum Shelf Life</b>	18 Months
<b>Storage Conditions</b>	Ambient (15°C - 20°C)

<b>Ingredients</b>	Organic Ashwagandha powder
<b>Allergens</b>	n/a

## Nutritional Values per 100g

<b>Energy</b>	1,008 KJ (240 kcal)
<b>Fat</b>	0.3g
<b>Of Which Saturates</b>	0.0g
<b>Carbohydrates</b>	46.6g
<b>Of Which Sugars</b>	6.5g
<b>Fibre</b>	18.6g
<b>Protein</b>	6.3g
<b>Salt</b>	0.1g

<b>Certifications</b>	Organic (Soil Association), Vegan Society
<b>Serving Requirements</b>	We recommend using 1-3 teaspoons per day in smoothies, juices or mixed with yoghurt.