## Stay Calm<sup>™</sup>

Manage Stress & Anxiety - 60 CAPSULES

INGRED ENTS: Ashwagandha KSM-66\*
(Withania somnifera) Root Extract, Cordyoeps
(Cordyoeps Sinensis) Powder, Schisandra
Berry (Schisandra chinensis) Powder,
Rhodiola (Rhodiola rosea) Extract, L'Tyrosine,
L'Theanine, Magnesium Citrate, Selenium
(L-Selenomethionine), Vitamin B5 (Pantothenio
Acid, Calcium Salt), Kelp (Fucus vesiculosis)
Extract, Vitamin B6 (Pyridoxine Hydrochloride),
Bioperine\* Black Pepper (Piper Nigrum)
Extract, Chromium Pioolinate.

**DIR ECTIONS:** Take 2 capsules per day, with food. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a dootor or healthcare professional before use. Discontinue use and consult a dootor if adverse reactions coour. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

Carefully packed in the UK for DR.VEGAN Ltd. Crispins, Manor Farm Lane, Michelmersh, Romsey, Hants, SO51 ONT.

DR.VEGAN® is a registered trademark.



FREE FROM: Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose Dairy, Artifbial Flavours, Colours and Preservatives.

## NUTRITIONAL INFORMATION:

8	Per 2 capsules	EC NRV
Ashwagandha KSM-66*	150mg	**
Cordyceps	150mg	
Rhodiola Extract	100mg	
Sohisandra	100mg	**
L-Theanine	30mg	
L-Tyrosine	30mg	
Kelp Extract	50mg	••
Chromium	40µg	100%
Vitamin B5	12mg	200%
Vitamin B6	4mg	286%
Magnesium	56mg	15%
Selenium	75µg	136%
BioPerine® Black Pepper Extract	2.5mg	

"NRV = Nutrient Reference Value. "No NRV Established.
FOOD SUP PLEMENT

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