

**DIRECTIONS:**

Take one to two capsules daily with food or as directed by your healthcare professional.

**IMPORTANT:**

Keep out of direct sunlight in a cool, dry place. Keep out of sight and reach of young children. Always consult your GP before taking nutritional supplements, especially if you are taking medication or are pregnant or nursing. Do not exceed suggested servings or use as a substitute for a varied diet.

**BEST BEFORE END: See Base.** Store in a cool, dry place.

**Certified Organic by Soil Association**

**UK Address:** Nutra Brands Ltd t/a AYURVEDIQ,  
3 Edgar Buildings, Bath, BA1 2FJ, UK

**EU Address:** Nutra Brands Ltd t/a AYURVEDIQ,  
Bracken Road No 51, Dublin, D18CV48, IRL

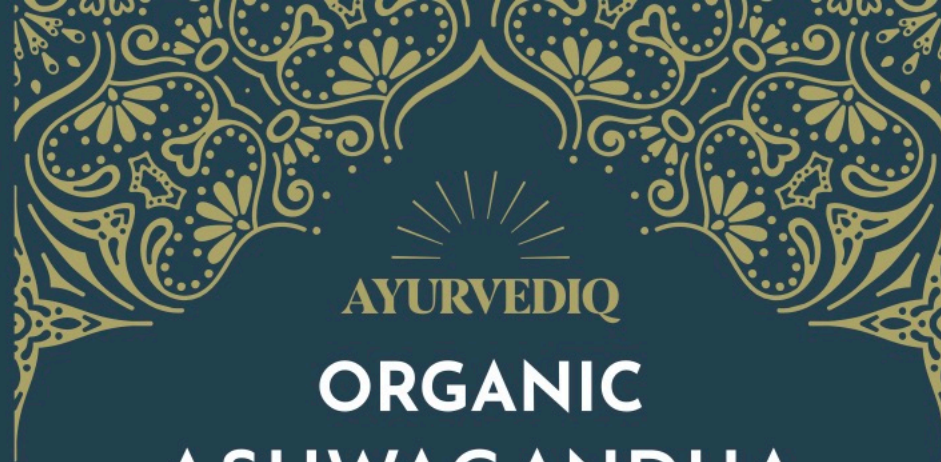
[www.ayurvediq.co.uk](http://www.ayurvediq.co.uk)



GB-ORG-05  
Non EU Agriculture



Non UK Agriculture



AYURVEDIQ

# ORGANIC ASHWAGANDHA

WITH BLACK PEPPER

60 VEGAN CAPSULES  
FOOD SUPPLEMENT

**PRODUCT INFORMATION**

Serving Size: 1 Capsule

Servings Per Container: 60

Each capsule typically provides:

Organic Ashwagandha Root (Withania Somnifera)	640mg
Organic Black Pepper (Piper Nigrum)	10mg

Ingredients: Organic Ashwagandha (98%), Vegetable Capsule Shell: Hydroxypropyl Methylcellulose, Organic Black Pepper (2%).

**100% ACTIVE INGREDIENTS**

Free from fillers, binders, anti-caking agents, bulking agents and flowing agents.

**Manufactured in the UK to GMP Standards.**



please recycle  
this container

