

ORGANIC TURMERIC POWDER

Turmeric powder is made from sun drying handpicked raw turmeric and grinding them to a powder form. Store the powder in an air-tight container or reseal the bag tightly after opening, in order to retain its freshness and flavor.

Suitable for Vegans and Vegetarians.

Ingredients

100% Organic
Turmeric Powder

Store in a cool dry
place away from
sun light.

100% Natural

No Preservatives

Product of India.

Organic Turmeric Health Benefits

- Curcumin • Vitamin B • Iron • Magnesium
- Calcium • Potassium

For Enquiries & Feedback write to us: info@ausha.co.uk



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NUTRITION FACTS /100g

Energy value	312 Kcal
Energy	1305 Kj
Total fat	3.25 g
Saturated Fatty Acid	1.02 g
Protein	9.60 g
Dietary Fiber	22.7 g
Total Carbohydrates by Difference	67.14 g
Total Sugars	3.21 g
Vitamins	
Vitamin B1 (Thiamin)	0.058 mg
Vitamin B2 (Riboflavin)	0.150 mg
Vitamin B3 (Niacin)	1.350 mg
Vitamin B6 (Pyridoxine)	0.107 mg
Vitamin B9, Folate, DEF	20 µg
Vitamin C (Total Ascorbic Acid)	0.7 mg
Vitamin E, alpha Tocopherol	4.43 mg
Minerals	
Potassium	2080 mg
Calcium	168 mg
Magnesium	208 mg
Iron	55 mg
Sodium	27 mg
Phosphorus	299 mg
Zinc	1.50 mg