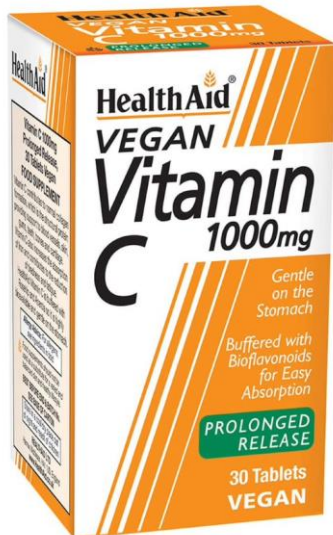




Vitamin C 1000mg

Gentle on the stomach



What are Vitamin C 1000mg tablets?

tablet contains (average):		%NRV
Vitamin C	1000mg	1250
Rosehip powder	50mg	*
Ascorbic Acid Powder	25mg	*
Ascorbyl-2-palmitate	20mg	
	20mg	*

EC Nutrient Reference Value

*: EC NRV Not Yet Established

Vitamin C contributes to normal collagen formation, which is the structural protein providing support to blood vessels, skin, gums, teeth, bones and cartilage. Vitamin C also increases the absorption of iron and contributes to the reduction of tiredness and fatigue. HealthAid Vitamin C is buffered with Rosehip and Acerola, so it is highly bioavailable and gentle on the stomach.

What are Vitamin C 1000mg tablets for?

- May help maintain normal growth and development.
- May improve the formation of collagen and help in tissue repair
- May help enhance brain functioning
- May work as an antioxidant and protect against free radical damage
- May help maintain healthy hair
- May improve the symptoms of gingivitis (inflammation of the gums), bleeding gums, rough, dry, scaly skin
- May enhance the healing process
- May help reduce swelling and painful joints

Who are Vitamin C 1000mg tablets for?

Vitamin C 1000mg tablets may be of benefit to;

- Those who need to increase their immunity function
- Those who wish to maintain healthy bones, nails, skin, hair and strong blood vessels
- Those who are exposed to free radical damage.
- Those who require natural antihistamine.
- Those with sensitive stomachs

When should I take Vitamin C 1000mg tablets?

HealthAid Ltd

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Vitamin C 1000mg tablets can be taken as a daily nutritional supplement in conjunction with a healthy diet leading to good health and wellbeing for everyone. This prolonged released tablet supplies bursts of vitamin C throughout the day.

Recommended Daily Intake:

Adults and children over 12 years of age, one tablet daily with food. Adults can take up to three tablets daily if required. Tablets to be swallowed whole. Do not exceed recommended daily intake unless advised by a suitably qualified person.

Product Code	801150 (30's) 801155 (60's) 801160 (100's)					Product Name: Vitamin C 1000mg – prolonged release	
Pack Size	30's, 60's & 100's; tablets packed in a brown glass labelled bottle and placed in a carton, printed with all the relevant information.						
Appearance (shape/colour)	Off-white (speckled), oval protein coated tablet						
Size	20mm x 10mm	Shape	Caplet	Average Weight	1630mg		
Ingredients	Vitamin C (ascorbic acid), Bulking Agent [hydroxy propyl methyl cellulose (HPMC), microcrystalline cellulose], Rosehip Powder (Rosa canina), Anti-caking Agent (silica, veg. magnesium stearate), Emulsifier (crosscarmellose sodium), Coating [hydroxy propyl methyl cellulose (HPMC), glycerol], Acerola Berry Powder (Malpighia punicifolia), Hesperidin (Citrus sinensis), Rutin.						
Allergy advice	For allergens, see ingredients in bold						
Suitability	Vegan	Yes	Vegetarian	Yes			
Quality Requirements	All the ingredients meet the requirements of USP/NF, BP, EP, BHP pharmacopoeia or supplier specifications						
Expiration Period	Three years from date of manufacture						
Storage	Store in a cool dry place, keep out of sight and reach of children						
Caution	Allergen information: For allergens, see ingredients in bold.						
Disclaimer	Use product according to directions stated on the pack. Food supplements should not be used as a substitute for a varied and balanced diet, and healthy lifestyle. Please check with your primary healthcare physician before taking this supplement if you suffer from a medical condition, are on prescribed medication, are pregnant or breastfeeding or suffer from food allergies. Food supplements are not intended to treat or prevent any disease. Do not use after the expiry date.						

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