

HFB Product Code	Product Description	Long Description
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P520159

Barleycup with magnesium 100g

Instant cereal drink enriched with magnesium.

With its deliciously mild coffee taste, Barleycup is a drink to enjoy everyday!

Made from roasted barley, rye and chicory, Barleycup naturally contains no caffeine and is a source of fibre.

This beverage is enriched with magnesium.

Magnesium contributes to a reduction of tiredness and fatigue, to normal muscle function and to the maintenance of normal bones and normal teeth.

This product should only be used as part of a varied diet. Balanced meals and a healthy lifestyle are important for human body to function correctly.

Ingredients	Shelf Life after opening (Months)	Storage Instructions	Ready to Eat? (Y/N)	Is the product Fairtrade? (Y/N)
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Instant cereal drink (barley, rye, chicory), magnesium sulphate.	1 month	Store in a cool dry place with the lid firmly closed. Store in the fridge to protect from a humid environment.	N	N
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Is the product Organic? (Y/N)	Certified low FODMAP? (Y/N)	GMO Free (Y/N)	Is the product suitable for a GLUTEN FREE diet? (Y/N)	Is the product suitable for coeliacs? (Y/N)	Is the product suitable for a VEGETARIAN DIET? (Y/N)	Is the product suitable for A VEGAN Diet? (Y/N)	Is the product Kosher? (Y/N)	Is the product Halal? (Y/N)
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Is the product suitable for Diabetics? (Y/N)	Has the product been made in a nut free environment (Y/N)	Dairy free? (Y/N)	Soya free? (Y/N)	Egg free? (Y/N)	Lactose free? (Y/N)	Nut free? (Y/N)	Peanut free? (Y/N)	Sesame seed free? (Y/N)
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N	Y	Y	Y	Y	Y	Y	Y	Y
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Mustard free? (Y/N)	Celery free? (Y/N)	Wheat free? (Y/N)	Maize free? (Y/N)	Corn free? (Y/N)	Yeast free? (Y/N)	Fish free? (Y/N)	Crustacean free? (Y/N)	Mollusc free? (Y/N)
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Y

Y

N

Y

Y

Y

Y

Y

Y

Pork free? (Y/N)	Gelatin Free? (Y/N)	Citric Acid free? (Y/N)	Palm oil free? (Y/N)	Caffeine free? (Y/N)	Lupin free? (Y/N)	Has salt been added to the product? (Y/N)	Has sugar been added to the product? (Y/N)	Alcohol free? (Y/N)
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Y

Y

Y

Y

Y

Y

N

N

Y

Energy (kJ) * per 100g	Energy (kcal)* per 100g	Fat (g)* per 100g	of which saturates* per 100g	Carbohydr ate (g)* per 100g	of which sugars (g)* per 100g	Fibre (g)* per 100g	Protein (g)* per 100g	Salt (g)* per 100g	Low fat?*(under 3g per 100g) (Y/N)
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1332	315	0.2	0.1	69	11	11	4.1	0.16	Y
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Fat free?*(under 0.5g per 100g) (Y/N)	Free from hydrogena ted fats? (Y/N)	Sugar free?*(under 0.5g per 100g) (Y/N)	High Fibre?* (at least 6g per 100g) (Y/N)	Low salt?*(under 0.12g per 100g) (Y/N)
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Y

Y

N

Y

N