

Prepared in Poland for  
Morgiel Fine & Organic Foods Ltd  
Unit 39359, PO Box 6945,  
London, W1A 6US  
www.morgielfoods.co.uk

PL-EKO-01  
EU Agriculture



**Net weight: 300g**



Morgiel

## Organic Plain Sauerkraut

*Organic, unpasteurised, vegan  
and vinegar free. Nourishing  
food with an authentic flavour.*

**Naturally  
Fermented & Raw**

Store refrigerated and consume  
within 4 days after opening.  
Best before end: see lid



**INGREDIENTS:**  
white cabbage\*(60%),  
spring water,  
unrefined rock salt.  
\*organic

### **Nutrition**

Typical values. 100g contains:

energy.....	43kJ/10kcal
fat.....	0.1g
of which saturates.....	0g
carbohydrate.....	2.0g
of which sugars.....	0.1g
protein.....	0.7g
salt.....	2.2g