

Ingredients

**Nutritional information
(As labelled)**

Allergens

Water, **soybean** protein powder (10%), **soybean** protein isolate (10%), **wheat gluten**, spices, corn starch, tomato paste, **soybean** oil (1.85%), salt, yeast extract, sugar, konjac flour, flavorings, iron, vitamin B12.

Nutritional information
Typical values per 100g
Energy (Kj)
Energy (kcal)
Fat (g)
of which saturates (g)
Carbohydrate (g)
of which sugars (g)
Fibre (g)
Protein (g)
Salt (g)
Iron (mg)
Vitamin B12 (µg)
*Reference intake of an average adult (8400 kJ/2000 kcal)

Sodium (g)

Contains **soy** and **gluten**

May contain traces of **celery**, **mustard** and **sesame**.

500
119
2.6
0.6
6.0
0.7
2.6
17
1.4
3.1 (26.95%*)
2 (133%*)

0.56