

WE ARE PASSIONATE ABOUT MAKING
SURE EVERYONE HAS ACCESS TO FRESH
FRUIT AND VEG. FIND OUT MORE AT

WWW.MOCKINGBIRDRAWPRESS.COM

**COLD-PRESSED BLEND OF FRUIT AND VEGETABLE PURÉES,
JUICE AND ADDED VITAMINS.** INGREDIENTS: 5 PRESSED APPLES,
¼ PINEAPPLE (17%), 1 CRUSHED WHITE GUAVA (7%), ½ CRUSHED
CUCUMBER (6%), ¼ PASSION FRUIT, SQUEEZE OF LIME (2%),
SPRINKLE OF SAFFLOWER, A DASH OF MACA ROOT POWDER (0.1%),
VITAMIN C (ASCORBIC ACID), VITAMIN D3 (CHOLECALCIFEROL).

NUTRITION INFO	PER 100ML	PER 150ML
ENERGY	222kJ/52kcal	333kJ/78kcal
FAT	0.1g	0.15g
OF WHICH SATURATES	0g	0g
CARBOHYDRATE	12g	18g
OF WHICH SUGARS [†]	9.3g	14g
DIETARY FIBRE	0.9g	1.4g
PROTEIN	0.4g	0.6g
SALT	0.01g	0.015g
VITAMIN C	12mg (15%*)	18mg (23%*)
VITAMIN D3	0.75µg (15%*)	1.1µg (23%*)

THIS SMOOTHIE IS HIGH IN VITAMIN C AND D3. VITAMIN C
CONTRIBUTES TO THE NORMAL FUNCTION OF THE
IMMUNE SYSTEM AND FORMATION OF COLLAGEN FOR
THE NORMAL FUNCTION OF SKIN. ENJOY AS PART OF A
HEALTHY LIFESTYLE AND BALANCED DIET.

[†]NATURALLY OCCURRING FROM FRUIT. WE NEVER
ADD SUGAR. *% REFERENCE INTAKE. 1 SERVING=150ML.
THIS BOTTLE CONTAINS 5 SERVINGS.

100% RECYCLABLE!



750ml e

Mockingbird Raw Press
82 St John Street, London EC1M 4JN
20 Harcourt Street, Dublin 2 D02 H364

KEEP REFRIGERATED, SHAKE WELL AND ONCE OPEN DRINK WITHIN
3 DAYS. HIGH PRESSURE PROCESSED (HPP). BEST BEFORE: SEE LID.