

## SPARKLING WATER KEFIR WITH GINGER + LEMON

**INGREDIENTS:** Kefir water (filtered water, organic cane sugar for fermentation, organic fig, water kefir culture), organic ginger juice, organic lemon juice.

Nutritional Info	Typical values per 100ml
Energy	68kJ/16kcal
Fat	<0.1g
of which saturates	<0.1g
Carbohydrates	3.3g
of which sugars	2.7g
Protein	<0.1g
Salt	<0.1g

**WARNING:** Always keep refrigerated to prevent further fermentation and build up of CO<sub>2</sub>

BATCH:

BEST BEFORE:

**DO NOT SHAKE ME OPEN VERY CAREFULLY**

Contains alcohol from natural fermentation 0.5% ABV  
Natural colour variation and separation may occur

250ml



KEEP  
CHILLED  
BELOW  
5°C



GINGER + LEMON

FERMENTED  
KEFIR

PiQi



5



A STIMULATING fizz,  
naturally containing  
gut-friendly cultures.

PiQi is a traditionally fermented drink that contains billions of live cultures and uplifting botanicals to help you feel peachy from the inside out.

RAW

FERMENTED

LIVE  
CULTURES

CULTURED BEVERAGE

RAW & UNPASTEURISED

PACKED WITH NUTRIENTS



BETTER  
PLANET  
PEOPLE

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