

# froot pops

**FROOT POPS FRESHLY FROZEN RASPBERRIES COATED  
IN TWO LAYERS OF PREMIUM WHITE & DARK  
CHOCOLATE**



our raspberries are picked ripe, freshly frozen then covered in only the finest chocolate. yum!



raspberry froot pops are best enjoyed when thawed for 10 to 15 minutes. patience, fellow earth dwellers!

once removed from freezer, froot pops can be consumed within 48hrs if kept in the fridge or within 2hrs at room temperature. do not refreeze.

Average nutrition values	per 100g	per 28g portion(%*) (circa 3 units)
Energy (Kcal/Kj)	353/1470	99/411 (5%)
Fat	22.7g	6.3g (9%)
of which saturates	13.5g	3.8g (19%)
Carbohydrate	31.2g	8.7g (3%)
of which sugars	29.6g	8.3g (9%)
Fibre	3.1g	0.9g
Protein	5.0g	1.4g (3%)
Sodium	77.3mg	21.7mg (<1%)

\*reference intake of average adult (2000kcal/8400kJ)



**Ingredients:** 40% Raspberries, 30% Dark Chocolate (cocoa mass, sugar, cocoa butter, emulsifier: **Soya** lecithin, natural vanilla flavouring), 30% White Chocolate (sugar, cocoa butter, **Milk** powder, **Milk** whey powder, emulsifier: **Soya** lecithin, natural vanilla flavouring). **CONTAINS MILK AND SOY. May contain traces of NUTS.** We use nut-free suppliers and have strict allergen controls, but a trace risk remains in our small factory.

✉ questions? contact us at [hello@frootpops.com](mailto:hello@frootpops.com)

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