## Vegan Omega 3

300mg DHA, 150mg EPA - 60 CAPSULES

INGREDIENTS: Algae Oil (Life's Omega™ from Schizochytrium sp.), Capsule Shell (Tapioca Starch, Glycerin), Vitamin E (as d-Alpha Tocopherol).

**DIRECTIONS:** Take 2 capsules per day, with food. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

FREE FROM: Added Sugar, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

## NUTRITIONAL INFORMATION:

	Per 2 capsules	EC NRV*
Algae Oil	1000mg	**
Providing Omega 3	550mg	
DHA	300mg	**
EPA	150mg	
Vitamin E	6mg a-TE	50%

<sup>\*</sup>NRV= Nutrient Reference Value

## FOOD SUPPLEMENT

Carefully packed in the UK for DR.VEGAN Ltd. Crispins, Manor Farm Lane, Michelmersh, Romsey, Hants, SO51 0NT. DR.VEGAN® is a registered trademark.





stay connected f @ @drveganco

<sup>\*\*</sup>No NRV Established