

HUMMUS & BREADSTICK SNACK POT

INGREDIENTS HUMMUS (100G):

Cooked Chickpeas* (61%), Water, **Sesame** Seed Paste*,
Olive Oil*, Garlic Granules, Salt, Citric Acid, vinegar*.

BREADSTICK INGREDIENTS: (150G): Wheat Flour, Water,
Hydrogenated Vegetable Oil (palm), yeast, salt.
For allergens, see ingredients in **bold**.

NUTRITIONAL VALUES (PER 100g)	HUMMUS, 100g	BREADSTICK, 150g
Energy	354 kcal (1465 kJ)	179 kcal (746 kJ)
Fat	28g	6.7g
(of which saturates)	3.1g	0.56g
Carbohydrates	14g	18.5g
(of which sugars)	0.1g	4g
Fibre	8.8g	11.1g
Protein	7.8g	5.6g
Salt	1.1g	1.3g

*ORGANIC

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