

214mm

86mm

**PREMIUM QUALITY, PURE AND NATURAL COCONUT OIL**

**Directions for use:**

**Adults:** Take 3 capsules twice per day  
**DO NOT EXCEED THE RECOMMENDED DOSE**

**Nutritional information:**

MCT oil	1200mg
Each capsule typically provides:	
Caprylic acid C:8 (MCT)	720mg
Capric acid C:10 (MCT)	480mg

100% **NATURES AID**

# MCT OIL

## CAPSULES

**MEDIUM-CHAIN TRIGLYCERIDES**

**PREMIUM COCONUT OIL**

1200 mg

Sustainably Sourced

Easy to use Capsules

Odourless

NON-G.M.

**Premium quality, pure and natural coconut oil**

Food supplement

**120 Capsules**

MCT oil is believed to be metabolised more easily by the body than standard coconut oil due to the removal of long chain fatty acids.

MCT oils are rapidly absorbed and are thought to provide a useful energy source.

- ✓ **Made to GMP standards.**
- ✓ **Natures Aid MCT oil is produced sustainably and uses no GM products.**
- ✓ **Palm Oil Free.**

**Ingredients**

Pure coconut oil, Gelatin (Bovine), Glycerol.

**Allergy advice**

This product contains no: Artificial Flavours, Colours & Preservatives, Lactose, Yeast & Gluten.

**Storage information**

DO NOT USE IF SEAL IS BROKEN.  
BEST BEFORE END. SEE SIDE OF LABEL.  
STORE IN A DRY PLACE BELOW 25°C.  
KEEP OUT OF REACH OF YOUNG CHILDREN.

Food supplements should not be used as a substitute for a varied diet. If you are pregnant, breastfeeding, taking any prescription medication or have a medical condition, consult your healthcare professional before taking this product.

47312005 PRODUCT CODE - 147340

PLEASE RECYCLE THIS CONTAINER

EU Distributor: Clonmel Healthcare Ltd., Waterford Road, Clonmel, Co. Tipperary, Ireland.  
On behalf of: Natures Aid Ltd, Preston PR4 2DQ, UK.  
This product is made to GMP & Pharmaceutical Standards.  
www.naturesaid.co.uk | Experts in natural health since 1981

A Great British Nutraceutical Company

THE QUEEN'S AWARDS FOR ENTERPRISE INTERNATIONAL TRADE 2021

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<b>New:</b>		<b>Update:</b>	Y		<b>Colours:</b>	<b>Special:</b>
<b>Filename:</b> RL21_MCT Oil Capsules_120s_500ml Label_(147340)_47312005						
<b>Artwork Number:</b> 47312005		<b>Barcode Number:</b> 5023652 473126				
<b>Substrate:</b> White-met						
<b>Size:</b> 214x86mm						
<b>Pot Size:</b> 500ml						
<b>Varnish:</b> Gloss						
<b>Additional Comments:</b>						
				<p>Colours: <span style="display: inline-block; width: 20px; height: 15px; background-color: black; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: black; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: black; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: black; border: 1px solid black;"></span></p> <p>Process <span style="display: inline-block; width: 20px; height: 15px; background-color: cyan; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: magenta; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: yellow; border: 1px solid black;"></span> <span style="display: inline-block; width: 20px; height: 15px; background-color: black; border: 1px solid black;"></span></p> <p>CMYK</p>		
				<p>Spot colours: Please refer to the relevant Pantone Book for true colour representation.</p>		
				<p><b>NATURES AID</b> STADA GROUP</p>		
				<p>Saved: 18/11/21 By (Initials): JD</p>		