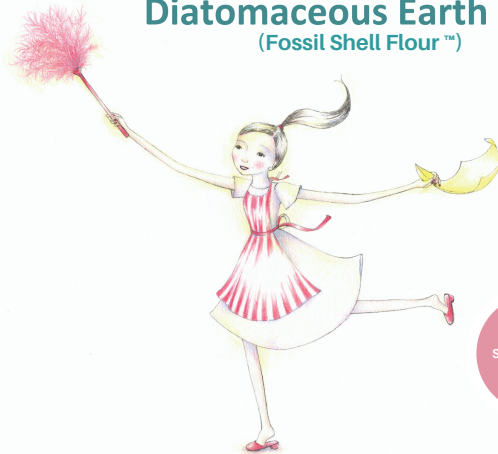


Supercharged Food



Diatomaceous Earth
(Fossil Shell Flour™)



FOOD
SUPPLEMENT
100gms

SUPERCARGED FOOD - LOVE YOUR GUT POWDER

www.superchargeyourgut.co.uk

Directions

Mix 1 teaspoon (3gms) daily into water, juice, smoothies or add to meals. Consume preferably before food, drink up to 2L of water per day. It has no taste.

Ingredient

Diatomaceous earth (amorphous silica, freshwater type) from a food-grade source.

Cautions

Always consult your health practitioner before taking nutritional supplements. Not recommended for use by pregnant or breastfeeding women. Not to be used as a substitute for a varied balanced diet. Store in a cool dry place, out of reach of children. Do not exceed recommended daily dose.

Allergy Advice

Although rigorous precautions are taken to prevent any cross-contamination, this product is manufactured in a facility that handles allergy-based materials such as nuts, seeds, milk, eggs, cereals, soya, mustard, celery, fish, crustaceans, and sulphites.

Product Information

NUTRITIONAL INFORMATION		
6g servings per container: 17 Serving size: 6g daily		
Typical Composition	Av. quantity per 6g %NRV	Av. quantity per 100g %NRV
Sodium	1.43mg	23.88mg
Silica	5gm	82.6g
Iron	14mg 100%	233.3mg 1666.43%
Calcium	20.4mg 2.55%	340mg 28.75 %
Magnesium	3.93mg 1.05%	65.51mg 17.47%

Manufactured for Supercharged Food
8/19 Expo Court, Ashmore, QLD, 4214, Australia
admin@superchargedfood.com

Ingredient from the USA

Distributed by Healthy Life Choices Ltd
13 Freeland Park Wareham Road
Lytchett Matravers, Poole, Dorset, England, BH16 6FA

Love Your Gut Powder is diatomaceous earth (Fossil Shell Flour™) from fossilised plants, sourced from USA. Rich in silica, for bones, skin, hair and teeth. 100% natural, free from additives, gluten, dairy and sugar-free. Suitable for vegetarians and vegans.



Product code LYGP001

0

806809 664838

Best before: September 2025