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EU: Bio & Me, Suite 100/01, 21 Upper Pembroke Street, Dublin 2, D02 X361

Strawberry Fermented Yoghurt with live cultures
INGREDIENTS: Yoghurt (Milk), fermented with 18 bacterial cultures including strains from the Lactobacillus and Bifidobacteria Families, Strawberry Pieces (10%), Chicory Root Fibre, Natural Flavouring.
ALLERGY ADVICE: For allergens, see ingredient in BOLD.

NUTRITION INFORMATION

TYPICAL VALUES	PER 100g	PER 117g Serving
Energy	338kJ/81kcal	395kJ/95kcal (5%†)
Fat	2.9g	3.4g (5%†)
of which saturates	2.2g	2.6g (13%†)
Carbohydrate	7.5g	8.8g (3%†)
of which sugars	5.0g	5.9g (12%†)
Protein	0.23g	220mg (28%†)
Salt	188mg (24%†)	163mg (23%†)
Calcium	139mg (20%†)	0.27g (21%†)
Phosphorus	0.27mg (19%†)	0.32mg (24%†)
Riboflavin (Vitamin B2)	0.49µg (20%†)	
Vitamin B12		

†=3% of Reference Intake (RI) of an average adult (8400kJ/2000kcal)

Contains calcium which contributes to the normal function of digestive enzymes. Enjoy as part of a varied, balanced diet & healthy lifestyle.

This yoghurt is a source of vit B12 which contributes to the normal function of the immune system.

GOOD FOR YOUR GUT

Bio & Me

Kefir

LIVE YOGHURT

STRAWBERRY

18 UNIQUE LIVE CULTURES

NO ADDED SUGAR

with billions of live & active cultures

- Immunity support
- High in protein
- No thickeners or emulsifiers
- No artificial sweeteners
- Source of Vitamins B2 & B12
- Source of Calcium and phosphorus

Suitable for Vegetarians

Recycle me. POT: Recycle
SLEEVE: Remove & Recycle
LID: Not yet Recyclable

Founded by
THE GUT HEALTH DOCTOR®

Dr. M. Rossi

STORAGE: Please keep refrigerated between 0-5°C. For best before, see lid. Once opened, eat within 3 days.

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Certified Corporation

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Black-Cyan-Magenta-Yellow-PANTONE 7424 C-PANTONE 2301 C

Pantonefarben werden nach Pantone-Fächer gedruckt und sind auf dem Proof nur simuliert.
Pantone colours will be printed according to the Pantone matching system - Pantone colours on our proofs are simulated only!

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Lackaussparung: WLA005388