

**SUGGESTED USE:** Take Two capsules per day with water and preferably with a meal.

**CAUTION:** Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision consult with a GP or a healthcare professional before use.

Discontinue use and consult a GP if adverse reactions occur.

Not suitable for persons under the age of 18.

Keep out of reach of children at all times.

Do not use if seal is broken or damaged.

Food supplements should not be used as a substitute for a balanced diet and healthy lifestyle.

Bottle made from at least 80% recycled plastic.

Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance.



New Leaf  
products

Based on a  
60 day supply

2\*  
Months  
Supply

# SHILAJIT COMPLEX 2000MG

60%  
Fulvic Acid

with Ashwagandha & Lions Mane



120 CAPSULES  
FOOD SUPPLEMENT

## Nutritional Information

Serving Size: 2 Capsules

Servings per Container: 60

	Amount per Serving	%RI*
Shilajit (from 33.3mg of a 20:1 extract, providing 20mg Fulvic Acid)	668mg	**
Ashwagandha (from 33.3mg of a 20:1 extract, providing 1mg Withanolides)	666mg	**
Lion's Mane (from 44.4mg of a 15:1 extract, providing 22mg Polysaccharides)	666mg	**

\* Reference Intake

\*\* No RI established

**Ingredients:** Brown Rice Flour, Capsule Shell (Hydroxypropyl Methylcellulose), Lion's Mane 15:1 Extract (50% Polysaccharides), Ashwagandha Root 20:1 Extract (3% Withanolides), Shilajit 20:1 Extract (60% Fulvic Acid)

Shilajit does not originate from the UK

Manufactured according to the GMP Code Of Practice for:  
New Leaf Products LTD - London - NW4 2ES - United Kingdom  
support@new-leaf-products.com

FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW  
V01