



Ideal Health Herbal Teas: Full of flavour, packed with minimum waste.
Slimatee, Puritee, Laxatee, Relaxatee, Energitee, Kuritee, Vimaxtee, Digestee
Flexitee, Spicetee, Meno.Tee, Good Diet-Tee, Joints-Tee
Red Clover Tee, Vitamin-Tee, Laxantee, Trimatee

IDEAL HEALTH

SLIMATEE®

NATURAL HERBAL AID

GREEN TEA & GENTIAN
20 Herbal Tea Bags (Tisane)
each sufficient
for one cup

1.7g x 20 Sachets = 34g Net Wt 1.2 oz e

We appreciate your opinion of our products.
Do email us with your comments at info@idealplc.com

New & Improved

IDEAL HEALTH

IDEAL HEALTH

Ingredients: Green tea leaf (*Camellia sinensis* L.) (22%);
Gentian root (*Gentiana lutea* L.) (15%); Common walnut leaf
(*Juglans regia* L.); Rhubarb rhizome (*Rheum palmatum* L.);
Liquorice rhizome (*Glycyrrhiza glabra* L.); Nettle leaf (*Urtica dioica*
L.); Peppermint leaf (*Mentha x piperita* L.); Globe artichoke flower
(*Cynara scolymus* L.)

Zutaten: Grüne Teeblatt; Enzianwurzel Gelber Enzian;
Gewöhnliches Walnussblatt; Rhabarber-Rhizom; Süßholz-Rhizom;
Brennnesselblatt; Pfefferminzblatt; Artischocke

Ingrédients: Feuilles de thé vert; Racine de gentiane gentiane
jaune; Feuille de noyer commun; Rhizome de rhubarbe; Rhizome
de Réglisse; Ortie; Feuilles de menthe poivrée; Artichaut

Ingredientes: Hoja de té verde; raíz de genciana; hoja de nogal
común; rizoma de ruibarbo; rizoma de regaliz; hoja de ortiga;
hoja de menta; alcachofa

Ingrédients: Groene theeblad; Gentiaanwortel; Walnootblad;
Rabarber wortelstok; Zoethout wortelstok; Brandnetelblad;
Pepermuntblad; Bol artisjok

Ingredienser: Grönt teblad; Gentianarot; Vanligt valnötsblad;
Rabarber rhizom; Lakrits rhizom; Nässelblad; Pepparmyntblad;
Globe kronärtskocka

Состав: лист зеленого чая; корень горечавки; лист
ореха обыкновенного; корневище ревеня;
корневище солодки; Лист крапивы; лист мяты
перечной; Глобус артишок

成分: 绿茶叶; 龙胆根; 普通核桃叶; 大黄根茎;
甘草根茎; 荨麻叶; 薄荷叶; 朝鲜蓟

رومذج فاكترتشملا زوجلا قاروا: انايطنجلا رذج، برسخألا قاروا: تانوكملا
فوشرخلا قردز عانجلا قاروا: سارقلا تابان قاروا، سوسلا قردز رذج، دنوار
قيضرألا قردلا

SLIMATEE®

NATURAL HERBAL AID

*Blended by our
Master Herbalist*



Gebruiksaanwijzing: Giet een kop kokend water over het theezakje en laat 5 minuten
trekken. Maximaal 2 weken lang niet meer dan één kopje 's avonds innemen. Dit product
mag niet worden ingenomen tijdens de zwangerschap of borstvoeding, door personen
onder de 18 jaar of met darmproblemen.

Mode d'emploi : Versez une tasse d'eau bouillante sur le sachet de thé et laissez infuser
pendant 5 minutes. Pas plus d'une tasse à prendre le soir pendant 2 semaines maximum.
Ce produit ne doit pas être pris pendant la grossesse ou l'allaitement, par les personnes
âgées de moins de 18 ans ou celles souffrant de problèmes intestinaux.

SLIMATEE®
is a registered Trade Mark.
Ideal Health Herts, HP4 2QF, UK
Packed in UK

Store in cool, dry place



SLIMATEE

NATURAL HERBAL AID

In response to your feedback, our master herbalist has thoughtfully blended a
Senna-free Slimatee. We know you will enjoy the fresher and lighter
experience. Green tea contributes to metabolism and fat oxidation to support
normal weight management whilst Gentian is specifically used to help
support digestion - happy gut.

This tea has a herbal taste due to specific botanical herbs used in this unique
blend, some choose to add sweeteners of their choice.

Increase intake of fresh fruits & vegetables in every meal for a healthy lifestyle

Directions: Pour a cup of boiling water over the teabag and allow to infuse for
5 minutes. Up to 2 cupfuls to be taken at night for up to 2 weeks. This product
should not be taken during pregnancy or lactation, by persons aged under 18.

Nutritional information: **Per 100ml**
Energy 2kJ/0.5kcal

Contains negligible amounts of:
Fat, Saturated fats, Carbohydrates, Sugar, Protein, Salt & Fibre

No artificial flavourings

Best Before End & Storage Instructions: See base

Dutch & French - See Base

SLIMATEE®

THE SLIMMER'S CHOICE

Good Health - Naturally

There's nothing more soothing than a delicious cup of herbal tea as
part of a varied and balanced diet and a healthy lifestyle - all our herbal teas
are specially created to support your health at every stage of your life. Green tea
contributes to metabolism and fat oxidation to support normal weight management

The Ideal Health range of herbal & botanical teas has been developed over
many years of experience and is created to the highest standards from
premium quality ingredients that have a delicate taste and
fragrance of nature itself

Healthy weight healthy life

