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STORE IN A COOL, DRY PLACE

BEST BEFORE END:

BATCH NUMBER:

LAMBERTS®

THE PROFESSIONAL RANGE

Cod Liver Oil

Plus Omega 3 Concentrated Fish Oil

1000mg



Omega 3, EPA & DHA
with Vitamins A, D & E

FOOD SUPPLEMENT
180 Capsules

DIRECTIONS: Take 1 capsule daily with a meal, or as directed by a practitioner or pharmacist. Do not exceed recommended daily dose.

CAUTION: This product contains vitamin A. Do not take if pregnant or likely to become pregnant except on the advice of a doctor.

INGREDIENTS: Cod Liver Oil (Fish) and Fish Oil Concentrate†, Capsule Shell (Bovine Gelatin & Glycerol), Vitamin E (dl-alpha Tocopheryl Acetate), Vitamin A Palmitate†, Vitamin D (D3)†. Delivers 280mg of omega 3 fatty acids per capsule (144mg of EPA and 107mg of DHA). We use carefully selected cod liver oils and a five-stage purification process to ensure the highest purity levels. Each capsule also contains vitamin A that is required for healthy skin, vitamin D which is vital for healthy bones and teeth. Plus, it is enriched with vitamin E.

PRODUCT INFORMATION

Typically per capsule:	%NRV*
Cod Liver Oil and Fish Oil Concentrate	1000mg
Providing Omega 3	280mg
of which:	
Eicosapentaenoic Acid (EPA)	144mg
Docosahexaenoic Acid (DHA)	107mg
Vitamin A	800µg RE 100
Vitamin D (D3) 400iu	10µg 200
Vitamin E	10mg α-TE 83

*NRV = Nutrient Reference Value

Food supplements should not replace a balanced diet and a healthy lifestyle.

KEEP AWAY FROM CHILDREN

TO BE TAKEN ON THE ADVICE OF A
PRACTITIONER OR PHARMACIST ONLY

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