



Attack your to do list. A distinctive minty blend with hints of citrus and delicate pine notes to help create the headspace for INSPIRATION AND FOCUS

LION'S MANE



LIQUORICE







Liquorice helps maintain mental calm and supports mental function. Enjoy 3 cups a day as part of a varied and balanced diet and healthy lifestyle.

We are inspired by the resilience of nature and its ability to adapt to an ever-changing world That's why we always turn to the timeless wisdom of plants when we are creating solutions to those modern-day challenges that can make life tough. If you love our teas, why not explore our range of supplements too! Laura & Mark
The Herbtender Found

Infuse in freshly boiled water for 5-15 minutes, leave the bag in the cup to enjoy a stronger flavour.

NATURALLY CAFFEINE-FREE

100% ORGANICALLY GROWN INGREDIENTS

SUSTAINABLY SOURCED & PACKED

INGREDIENTS:

Peppermint leaf (28%), Spearmint leaf, Lemon Verbena leaf, Lemon Myrtle leaf, Fennel seed, Rosemary leaf (8%), Liquorice root (5%), Cardamom seed, Lion's Mane (5%). Contains liquorice – people suffering from hypertension should avoid excessive consumption.

@THEHERBTENDER

WWW.THE-HERBTENDER.COM The Herbtender Ltd UK: 3 Hope Street Yard, Cambridge, CB1 3NA EU: 77 Camden St. Lower, Dublin 2, IRL



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