



BREAKFAST WAFFLES **BLUEBERRY**

Ingredients: Water, wholegrain wheat flour 29%, sunflower oil, blueberry pieces 7% (concentrated apple puree, blueberry puree, concentrated plum puree, concentrated apple sugar, soya flour, raising agents (monocalcium phosphate, sodium bicarbonate), salt.

For allergens see ingredients in bold. Made in a facility that handles milk, egg, rye and oats.

NUTRITIONAL INFO	PER 100G	PER WAFFLE
Energy	1199kJ	396kJ
(kcal)	286kcal	94kcal
Fat	13g	4.2g
of which saturates	1.4g	0.5g
Carbohydrates/	38g	13g
Of which sugars/	13g	4.2g
Fibre	5.5g	1.8g
Protein	7.3g	2.4g
Salt	0.6g	0.2g

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