## **Gut Works®**

30 CAPSULES - 1 A DAY

INGREDIENTS: Inulin Powder, Lactobacillus Acidophillus, Lactobacillus Rhamnoeue, Lactobacillue Casei, Bifidobacterium Lactis, Streptococcus Thermophilus, Lactobacillus Plantarum, Capsule Shell (Hydroxypropyl Methylcellulose), Psyllium Husk powder (Plantago ovata)

**DIRECTIONS:** Take 1 capsule per day. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Taking this product without adequate fluid may cause it to swell and block your throat or oesophagus and may cause chocking. Do not take this product if you have difficulty swallowing. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

## Carefully packed in the UK for DR.VEGAN Ltd.

Crispins, Manor Farm Lane, Michelmersh, Romsey, Hants, SO51 0NT. DR.VEGAN® is a registered trademark. FREE FROM: Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

## NUTRITIONAL INFORMATION:

	Per 1 capsule
Inulin	100 mg
Lactobacillus Acidophillus	Providing 12 Billion live cultures*
Lactobacillus Rhamnosus	Providing 8 Billion live cultures*
Lactobacillus Casei	Providing 8 Billion live cultures*
Bifidobacterium Lactis	Providing 12 Billion live cultures*
Streptococcus Thermophilus	Providing 5 Billion live cultures*
Lactobacillus Plantarum	Providing 5 Billion live cultures*
Psyllium Husk	50 mg

<sup>\*</sup> At time of manufacture

FOOD SUPPLEMENT





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