



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 18/12/19

Issue 2 – 13/01/2020 – Formula revised as per customer request. Price lowered.

Issue 3 – 14/01/2020 – Maca increased by 50mg and Fenugreek removed.

Issue 4 – 21/04/2020 – changed to Unishell induction heat seal lids per customer request.

Issue 5 – 12/05/2020 – Formula amended as per customer request. Price increased.

Issue 6 – 13/05/2020 – Formula reverted back to as it was before changes made 12/05/2020. Price lowered.

Issue 7 – 07/12/2020 – Selenium Methionine switched to Selenium Yeast as per customer request.

Issue 8 (CMC) – 28/01/26 Tub changed to amber glass jar per customer request.

HIN17.spc

SPECIFICATION

PRODUCT NAME: Maca Complex – 180s

CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)

EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Vitamin B5 (Calcium Pantothenate)	1.2mg	1.3mg
Vitamin B6 (Pyridoxine HCL)	280µg	340.3µg
Folic Acid	40µg	40µg
Ginkgo Leaf (Ginkgo biloba)	50mg	50mg
Selenium (Yeast)	13.2µg	6.6mg
99.8% Yeast, 0.2% Selenium dioxide		
Zinc (Citrate)	2.5mg	8.33mg
Korean Ginseng Extract (4:1) (Panax ginseng)	50mg	50mg
Ginseng Korean extract: 80%, Maltodextrin (from corn): 20%		
Vitamin K1 (Phylloquinone)	15µg	300µg
95% maltodextrin (corn)		
Vitamin E Natural (D-Alpha Tocopherol) Succinate	2.43mg	3mg (3.63IU)
- Providing 2.43mg of Alpha Tocopherol		
Vitamin B12 (Methylcobalamin)	0.6µg	0.6µg
Vitamin D3	1.25µg (50IU)	500µg
49.5% Maltodextrin, 42.4% Starch, 7.8% Sucrose, 0.25% Vitamin D3 (Cholecalciferol)		
Maca Extract (10:1) (Lepidium meyenii)	400mg	400mg
70% Maca Root Extract, 30% Maltodextrin		
Vitamin A (Acetate)	144µg (480IU)	1.47mg
30-40% Maltodextrin (from corn), 30-40% Gum Arabic, 13% Retinol (Vitamin A) Acetate, 5-15% Sucrose, 2-10% Vegetable Oil, 0.5-2% Tocopherols, 0.5-1% Sodium Ascorbate, 0-1% Silicon Dioxide		
Capsule Shell (Hydroxypropyl Methylcellulose)	100mg	

EXCIPIENTS: None.

APPEARANCE: Powder filled in two piece hard shell capsule

DIAMETER: 0.7cm (size 0)

SHELF LIFE: Retest after 3 years

DISINTEGRATION TIME: Within 30 minutes

SPECIFICATION VALIDITY: 1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 180 capsules packed in to a 300ml Amber glass jar with 45mm IHS silver Unishell lids. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them by G&G along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license. The word organic can only be used on labels if approved by the Soil Association.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate of Analysis (COA), laboratory test results if applicable, and the product code stated again so that we can clearly identify the ingredient(s) supplied. G&G operates a strict no peanut policy in its warehouse and manufacturing areas and as such cannot accept ingredients that contain peanuts or peanut derivatives. Nor can G&G accept ingredients that have been manufactured or packed in facilities containing peanuts or peanut derivatives without an ILAC signatory accredited ISO/IEC 17025 laboratory test demonstrating that the batch(es) supplied do not contain peanut.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

I/We the client understand that G&G will charge VAT on all commercial product delivered to any UK address where applicable and that I/we the client are entirely responsible for obtaining any specific VAT Clearance for my product from HMRC regardless of the VAT status of other similar product. I/we accept this responsibility on the understanding that G&G have no control over how I/we formulate, market and re-sell this product, which is a critical test as to any VAT status assessment that HMRC may conduct.

G&G Advises all customers prior to taking goods to market that HMRC are contacted for advice and/or a decision on the VAT status of any product which may be ambiguous.

G&G will not provide advice on this matter and will charge VAT on manufactured product until any specific exemption is obtained in writing from HMRC and will co-operate with you and HMRC to recover any overpayments.

The manufacturing facility (Clean Room) at G&G Food Supplies Ltd is validated as EU GMP Grade D (ISO Class 8). Company registration number 2103924. G&G are inspected and certified by the MHRA for EU GMP, SGS for third party food safety certification, a GFSI recognized scheme, the Soil Association as organic, Rabbi Adler for Kosher, and The Halal Trust for Halal. G&G are members of the UK Health Food Manufactures Association and are registered for manufacturing food products with the local council.

We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price: £4.98 per tub of 180 capsules.

Customer formulation approval
Name, Date and Signature: _____



Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL
Telephone: 01342 312811 Fax: 01342 315 938

Issue 1- 29/5/18

Issue 2 – 18/06/18 – Removed Biotin per customer request.

Issue 3 – 10/12/18 – updated pricing.

Issue 4 – 03/01/19 – changed to Vegetarian capsules. Price increased.

Issue 5 – 14/03/19 – added prices for longer runs.

Issue 6 – 21/04/2020 – changed to unishell induction heat seal lids per customer request.

Issue 7 (JP) – 13/08/2021 – Customer now supplying Marine collagen. Price decreased.

Issue 8 (CMc) – 28/01/26 Tub changed to amber glass jar per customer request.

HIN10.spc

SPECIFICATION

PRODUCT NAME: Collagen 60's
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)

EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Vitamin C (Ascorbic Acid)	50.00 mg	50.00 mg
Zinc (Oxide)	2.50 mg	3.16 mg
Copper (Gluconate)	500.00 mcg	3.85 mg
Hyaluronic Acid	100.00 mg	100.00 mg
Vitamin E (Natural) (D-Alpha Tocopherol) Succinate Providing 10mg of Alpha Tocopherol	14.90 IU	12.314 mg
Marine Collagen (Customer Supplied)	500.00 mg	500.00 mg
ALLERGEN-FISH		
B2 (Riboflavin)	2.00 mg	2.00 mg
Iodine (Potassium Iodide)	100.00 µg	131.50 µg
Capsule Shell (Hydroxypropyl Methylcellulose)	120 mg	

EXCIPIENTS: None.
APPEARANCE: Powder filled in two piece hard shell capsule
DIAMETER: 0.90cm (size 00)
SHELF LIFE: Retest after 2 years
DISINTEGRATION TIME: Within 30 minutes
SPECIFICATION VALIDITY: 1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 60 capsules packed in to a 120ml amber glass jar, with IHS 38mm silver lids, sealed. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them by G&G along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license. The word organic can only be used on labels if approved by the Soil Association.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate of Analysis (COA), laboratory test results if applicable, and the product code stated again so that we can clearly identify the ingredient(s) supplied. G&G operates a strict no peanut policy in its warehouse and manufacturing areas and as such cannot accept ingredients that contain peanuts or peanut derivatives. Nor can G&G accept ingredients that have been manufactured or packed in facilities containing peanuts or peanut derivatives without an ILAC signatory accredited ISO/IEC 17025 laboratory test demonstrating that the batch(es) supplied do not contain peanut.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

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Signed _____

Date _____
E.& O.E.

Price: £4.16 per tub of 60 capsules. Minimum order 50,000 capsules.

Customer formulation approval
Name, Date and Signature: _____



Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 14/07/2020

Issue 2 – 14/07/2020 – changed form of Turmeric per customer request. Price increased.

Issue 3 – 15/07/2020 – added Folic Acid.

Issue 4 – 16/07/2020 – added more Turmeric and lessened Fructooligosaccharides. Price changed

Issue 5 – 24/09/2020 – Apple Cider Vinegar powder now customer supplied, price lowered.

Issue 6 – (HL) – 13/12/2022 – changed to Lactobacillus Acidophilus 200 billion cfu/g

Issue 7 – (CMC) 28/01/26 Tub changed to amber glass jar per customer request.

HIN34.spc

SPECIFICATION

PRODUCT NAME: ACV Complex – 120's
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Apple Cider Vinegar Powder (Customer Supplied)	500.00 mg	500.00 mg
Fructooligosaccharides (93% Actual FOS)	22.50 mg	22.50 mg
Ginger Root (Extract 10:1) (Zingiber officinale)	6.00 mg	6.00 mg
Ginger extract 97%, Maltodextrin 3%		
Lactobacillus acidophilus (200 billion cfu/g)	50.00 µg	50.00 µg
Maltodextrin		
Providing 10 million viable organisms at the time of manufacture		
Cayenne (Extract 8:1) (Capsicum annuum)	7.50 mg	7.50 mg
Maltodextrin		
Turmeric (Extract 30-35:1) (Curcuma longa)	20.00 mg	20.00 mg
Maltodextrin 2%		
Bifidobacterium bifidum (250 Billion cfu/g)	20.00 µg	20.00 µg
Providing 10 million viable organisms at the time of manufacture		
Black Pepper powder (Piper nigrum)	5.00 mg	5.00 mg
Vitamin B1 (Thiamine HCl)	550.00 µg	632.17 µg
Vitamin B12 (Cyanocobalamin)	1.25 µg	1.25 µg
Vitamin B2 (Riboflavin)	700.00 µg	700.00 µg
Vitamin B3 (Nicotinamide)	8.00 mg	8.00 mg
Vitamin B5 (Calcium Pantothenate)	3.00 mg	3.28 mg
Vitamin B6 (Pyridoxine HCl)	700.00 µg	850.83 µg
Biotin	25.00 µg	25.00 µg
Vitamin C Pure (L-Ascorbic Acid)	20.00 mg	20.00 mg
Copper (Gluconate)	500.00 µg	3.85 mg
Manganese (Gluconate)	1.00 mg	8.26 mg
Zinc (Citrate)	2.50 mg	8.33 mg
Iodine (Potassium Iodide)	75.00 µg	98.67 µg
Chromium (Picolinate)	20.00 µg	164.17 µg
Iron (Citrate)	3.50 mg	17.50 mg
Folic Acid	100.00 µg	217.33 µg
Capsule Shell (Hydroxypropyl Methylcellulose)	120mg	

<u>EXCIPIENTS:</u>	None.
<u>APPEARANCE:</u>	Powder filled in two piece hard shell capsule
<u>DIAMETER:</u>	0.90cm (size 00)
<u>SHELF LIFE:</u>	Retest after 3 years
<u>DISINTEGRATION TIME:</u>	Within 30 minutes
<u>SPECIFICATION VALIDITY:</u>	1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 120 capsules packed in to a 250ml amber glass jar, with 45mm IHS silver unishell lids. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

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We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price: £3.10 per tub of 120 capsules.

Customer formulation approval
Name, Date and Signature: _____



Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL
Telephone: 01342 312811 Fax: 01342 315 938

Issue 1 – 03/12/19

Issue 2 – increased Ginger and Turmeric.

Issue 3 – 20/01/20 (LC) - changed formula per customer request.

Issue 4 – 21/01/20 (LC) - halved Bilberry amount and added Black Pepper.

Issue 5 – 21/04/2020 – changed to Unishell induction heat seal lids per customer request.

Issue 6 – 24/02/21 – ACV now customer supplied, price lowered.

Issue 7 – (HL) – 13/12/2022 – changed Lactobacillus Acidophilus to 200 billion cfu/g

Issue 8 (CMc) – 28/01/26 Tub changed to amber glass jar per customer request.

HIN16.spc

SPECIFICATION

PRODUCT NAME: ACV & Berries – 120's
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Apple Cider Vinegar (Customer Supplied)	500.00 mg	500.00 mg
Fructooligosaccharides (93% Actual FOS)	25.00 mg	25.00 mg
Ginger Root (Extract 10:1) (Zingiber officinale)	6.00 mg	6.00 mg
Ginger extract 97%, Maltodextrin 3%		
Blueberry (Extract 4:1) (Vaccinium spp (cyanococcus))	10.00 mg	10.00 mg
Maltodextrin 20%		
Bilberry (Extract 4:1) (Vaccinium myrtillus)	5.00 mg	5.00 mg
90-95% Bilberry extract, approximately 5-10% Maltodextrin (Corn)		
Lactobacillus acidophilus (200 billion cfu/g)	25.00 µg	25.00 µg
Maltodextrin		
Providing 5 million viable organisms at the time of manufacture		
Cayenne (Extract 8:1) (Capsicum annum)	7.50 mg	7.50 mg
Maltodextrin		
Turmeric (Extract 10:1) (Curcuma longa)	60.00 mg	60.00 mg
12-15% Maltodextrin		
Bifidobacterium bifidum (250 Billion cfu/g)	20.00 µg	20.00 µg
Providing 10 million viable organisms at the time of manufacture		
Black Pepper powder (Piper nigrum)	5.00 mg	5.00 mg
Capsule Shell (Hydroxypropyl Methylcellulose)	120mg	

EXCIPIENTS: None.
APPEARANCE: Powder filled in two piece hard shell capsule
DIAMETER: 0.90cm (size 00)
SHELF LIFE: Retest after 3 years
DISINTEGRATION TIME: Within 30 minutes
SPECIFICATION VALIDITY: 1 year from last issue

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TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 120 capsules packed in to a 250ml amber glass jar, with an IHS 45mm silver Unishell lids. Customer supplied label applied.

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We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E.& O.E.

Price: £3.19 per tub of 120 capsules.

Customer formulation approval
Name, Date and Signature: _____



Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 13/10/21

Issue 2 – 26/10/21 – Formula amended as per customer request.

Issue 3 – 10/01/22 – Chondroitin changed to Avian form, D3 increased and Vitamin K added as per customer request. Price lowered.

Issue 4 – 13/01/22 – Chondroitin and Turmeric reduced as per customer request. Price lowered.

Issue 5 – 02/09/22 – Glucosamine amount adjusted as per customer request so 1100mg of Glucosamine base is provided per 3 capsules.

Issue 6 – (CMc) 28/01/26 Tub changed to amber glass jar per customer request.

HIN43.spc

SPECIFICATION

PRODUCT NAME: Glucosamine Complex – 180s
CUSTOMER NAME: Dietaplements

INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Vitamin C (Ascorbic Acid)	26.66 mg	26.66 mg
Glucosamine Sulphate (2KCL) (59% Glucosamine Base) Providing 366.66mg of Glucosamine Base - Daily dose should not exceed 1100 mg of Glucosamine Base Providing Potassium 75.2mg	621.4687 mg	621.4687 mg
Ginger Root Extract (20:1) (Zingiber officinale) <i>Ginger extract 95%, Maltodextrin 5%</i>	12.00 mg	12.00 mg
Turmeric Extract (64:1) (95% Curcuminoids) (Curcuma longa) <i>Tapioca Starch 1-2%</i>	15.625mg	15.625mg
Manganese (Citrate)	666.60 µg	2.38 mg
Rose Hip Extract (20:1) (Rosa canina) <i>5% Maltodextrin from corn</i>	1.33 mg	1.33 mg
Vitamin D3 (Vegetarian) <i>49.5% Maltodextrin, 42.4% Starch, 7.8% Sucrose, 0.25% Vitamin D3 (Cholecalciferol)</i>	3.33 µg	1.33mg (133.2IU)
Black Pepper Extract (25:1) (95% Piperine) (Piper nigrum)	333.33 µg	333.33 µg
Chondroitin (Sulphate) (Avian) (90% Chondroitin)	133.33 mg	133.33 mg
Zinc (Citrate)	3.33 mg	11.11 mg
Copper (Citrate)	333.30 µg	924.89 µg
K1 (Phylloquinone) <i>95% maltodextrin (corn)</i>	25µg	500µg
Capsule Shell (Hydroxypropyl Methylcellulose)	120mg	

EXCIPIENTS: None.
APPEARANCE: Powder filled in two piece hard shell capsule
DIAMETER: 0.9cm (size 00)
SHELF LIFE: Retest after 3 years
DISINTEGRATION TIME: Within 30 minutes
SPECIFICATION VALIDITY: 1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 180 capsules packed into a 400ml amber glass jar with a 53mm silver unishell IHS lid. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them by G&G along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license. The word organic can only be used on labels if approved by the Soil Association.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate of Analysis (COA), laboratory test results if applicable, and the product code stated again so that we can clearly identify the ingredient(s) supplied. G&G operates a strict no peanut policy in its warehouse and manufacturing areas and as such cannot accept ingredients that contain peanuts or peanut derivatives. Nor can G&G accept ingredients that have been manufactured or packed in facilities containing peanuts or peanut derivatives without an ILAC signatory accredited ISO/IEC 17025 laboratory test demonstrating that the batch(es) supplied do not contain peanut.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

I/We the client understand that G&G will charge VAT on all commercial product delivered to any UK address where applicable and that I/we the client are entirely responsible for obtaining any specific VAT Clearance for my product from HMRC regardless of the VAT status of other similar product. I/we accept this responsibility on the understanding that G&G have no control over how I/we formulate, market and re-sell this product, which is a critical test as to any VAT status assessment that HMRC may conduct. G&G Advises all customers prior to taking goods to market that HMRC are contacted for advice and/or a decision on the VAT status of any product which may be ambiguous. G&G will not provide advice on this matter and will charge VAT on manufactured product until any specific exemption is obtained in writing from HMRC and will co-operate with you and HMRC to recover any overpayments.

The manufacturing facility (Clean Room) at G&G Food Supplies Ltd is validated as EU GMP Grade D (ISO Class 8). Company registration number 2103924. G&G are inspected and certified by the MHRA for EU GMP, SGS for third party food safety certification, a GFSI recognized scheme, the Soil Association as organic, Rabbi Adler for Kosher, and The Halal Trust for Halal. G&G are members of the UK Health Food Manufacturers Association and are registered for manufacturing food products with the local council.

We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price: £6.00 per tub of 180 capsules. Minimum order 360,000 capsules.

Customer formulation approval
Name, Date and Signature:


Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 20/01/26

Issue 2 – (CMc) 28/01/26 Tub changed to amber glass jar per customer request.

HIN70.spc

SPECIFICATION

PRODUCT NAME: D3 & K2 – 120s
CUSTOMER NAME: Dietaplements Ltd

INGREDIENTS: (typical at the time of manufacture)
EACH CAPSULE TO PROVIDE (PER CAPSULE):

	Net Label Claim	Gross Compound weight
Vitamin C (L-Ascorbic Acid)	500mg	500mg
D3 (Vegetarian)	100µg	40mg (4000IU)
<i>Maltodextrin, Sodium octenyl succinate starch, Sunflower oil,, Ascorbic acid, DL alpha tocopherol, Vitamin D3 (Cholecalciferol)</i>		
K2 (MK-7)	100µg	10mg
<i>Microcrystalline cellulose, MCT oil, Vitamin K2 all-trans MK-7</i>		
Capsule Shell: Hydroxypropyl Methylcellulose	100mg	

EXCIPIENTS: None.
APPEARANCE: Powder filled in two piece hard shell capsule
DIAMETER: 0.7 cm (size 0)
SHELF LIFE: Retest after 2 years.
DISINTEGRATION TIME: Within 30 minutes
SPECIFICATION VALIDITY: 1 year from last issue
QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 120 capsules packed into a 200ml amber glass jar with silver 45mm unishell lid with an internal heat seal lid. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation

ORGANIC RESPONSIBILITY: All organic products need to be certified by the Soil Association who reserve the right to refuse any product not complying with organic standards. Product specifications (MIPS or SIPS) detailing the formula with ingredient suppliers and their certification bodies are to be submitted to them by G&G along with draft labels prior to printing labels and starting production. Our product specification is not valid without their approval. G&G is liaising with the Soil Association, but customers who supply their own ingredients or wholesale their products are required to have their own organic license. Only companies that sell packed organic products directly to the end consumer are exempt from holding their own license. The word organic can only be used on labels if approved by the Soil Association.

PRODUCT STABILITY: G&G Food Supplies Ltd can help and advise concerning the stability of your formulation but should you want full stability testing done then a charge for this service would need to be levied. Please note however that you are legally responsible for your own formulation and product stability.

CUSTOMER SUPPLIED INGREDIENTS: All deliveries of customer supplied ingredients need to be pre-advised stating what supplier is delivering, the name of the product and the G&G finished product code (located in the top right of each product specification sheet) identifying into which product the ingredient(s) is to be used. The ingredient(s) then need to arrive with a delivery note, Certificate of Analysis (COA), laboratory test results if applicable, and the product code stated again so that we can clearly identify the ingredient(s) supplied. G&G operates a strict no peanut policy in its warehouse and manufacturing areas and as such cannot accept ingredients that contain peanuts or peanut derivatives. Nor can G&G accept ingredients that have been manufactured or packed in facilities containing peanuts or peanut derivatives without an ILAC signatory accredited ISO/IEC 17025 laboratory test demonstrating that the batch(es) supplied do not contain peanut.

GENERAL: The above product will be manufactured according to Good Manufacturing Practice (GMP) and Good Hygiene Practice (GHP) procedures and regulations. Independent analyses are carried out on all the individual ingredients.

COSTING: Due to the possibility of increased costs related to the manufacture of this product, G&G reserve the right to review and amend the price below after the initial manufacture of the product which will be implemented before the next production run.

I/We the client understand that G&G will charge VAT on all commercial product delivered to any UK address where applicable and that I/we the client are entirely responsible for obtaining any specific VAT Clearance for my product from HMRC regardless of the VAT status of other similar product. I/we accept this responsibility on the understanding that G&G have no control over how I/we formulate, market and re-sell this product, which is a critical test as to any VAT status assessment that HMRC may conduct.

G&G Advises all customers prior to taking goods to market that HMRC are contacted for advice and/or a decision on the VAT status of any product which may be ambiguous.

G&G will not provide advice on this matter and will charge VAT on manufactured product until any specific exemption is obtained in writing from HMRC and will co-operate with you and HMRC to recover any overpayments.

The manufacturing facility (Clean Room) at G&G Food Supplies Ltd is validated as EU GMP Grade D (ISO Class 8). Company registration number 2103924. G&G are inspected and certified by the MHRA for EU GMP, SGS for third party food safety certification, a GFSI recognized scheme, the Soil Association as organic, Rabbi Adler for Kosher, and The Halal Trust for Halal. G&G are members of the UK Health Food Manufacturers Association and are registered for manufacturing food products with the local council.

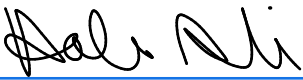
We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____

Date _____
E. & O.E.

Price: £2.71 per tub of 120 capsules. Minimum order 10,000 tubs.

Customer formulation approval
Name, Date and Signature: _____


Hala Ali (Feb 9, 2026 09:40:53 GMT)



MANUFACTURING

G&G FOOD SUPPLIES LTD, VITALITY HOUSE, 2-3 IMBERHORNE WAY, EAST GRINSTEAD, WEST SUSSEX, RH19 1RL

Issue 1 – 18/01/21

Issue 2 – 14/04/21 – Aloe Vera removed and replaced by Papaya as per customer request.

Issue 3 – 30/11/21 – Biotin now G&G supplied, price increased.

Issue 4 – (HL) – 08/04/22 – Changed to customer supplied Acid Resistant Capsules. Price decreased.

Issue 5 – 12/04/22 – Changed to G&G supplied DR capsules, price increased.

Issue 6 – (CMC) – 09/12/25 Acai changed from 30:1 to 10:1 extract, to provide same dosage

Issue 7 – (CMC) – 28/01/26 Tub changed to amber glass jar per customer request.

HIN41.spc

SPECIFICATION

PRODUCT NAME: Collagen & Biotin – 90s

CUSTOMER NAME: Dietapplements

INGREDIENTS: (typical at the time of manufacture)

EACH CAPSULE TO PROVIDE (PER CAPSULE)

	Net Label Claim	Gross Compound weight
Biotin	3.33mg	3.33mg
B2 (Riboflavin)	1.33mg	1.33mg
B3 (Nicotinamide)	5.33mg	5.33mg
B5 (Calcium Pantothenate)	20mg	21.83mg
Vitamin C (L-Ascorbic Acid)	33.33mg	33.33mg
Copper (Gluconate)	333.33µg	2.56mg
Folic Acid	66.66µg	66.66µg
Zinc (Citrate)	1.66mg	5.55mg
Hibiscus Flower Extract (20% Acids) (Hibiscus rosa-sinensis)	3.33mg	3.33mg
<i>Natural extract (90 - 100%), Maltodextrin (0 - 10%)</i>		
Horsetail Extract (2% Silica) (Equisetum arvense)	3.33mg	3.33mg
<i>Horsetail extract 98%, Maltodextrin 2%</i>		
Iodine (Potassium Iodide)	12.5µg	16.5µg
Acerola Extract (25% Vitamin C) (Malthigia glabra)	3.33mg	3.33mg
<i>Acerola Dry Extract 32-8%, Maltodextrin 47-69%, Ascorbic Acid 21- 23%</i>		
Blueberry Fruit Extract (10:1) (Vaccinium spp (cyanococcus))	333.33µg	333.33µg
<i>Maltodextrin 25-30%</i>		
Acai Berry Extract (10:1) (Euterpe oleracea)	339.99µg	339.99µg
Avocado Juice powder (Persea americana)	3.33mg	3.33mg
<i>Maltodextrin (corn) 0-5%</i>		
Selenium (Yeast)	18.33µg	9.16mg
<i>99.8% Yeast, 0.2% Selenium dioxide</i>		
Manganese (Citrate)	666.66µg	2.38mg
MSM (methylsulfonylmethane)	3.33mg	3.33mg
<i>May contain 0.5% Silicon Dioxide</i>		
Ashwagandha root Extract (1.5% Withanolide) (Withania somnifera)	556.66µg	556.66µg
<i>85-90% Ashwagandha, 10-15% Maltodextrin</i>		
Green Tea Extract (95% Polyphenols) (Camellia sinensis)	166.66µg	166.66µg
<i>Caffeine Max 7.0%</i>		
Hyaluronic Acid	33.33mg	33.33mg
Rose Hip Extract (20:1) (Rosa canina)	166.66µg	166.66µg
<i>5% Maltodextrin from corn</i>		
Vitamin E Natural (D-Alpha Tocopherol) Succinate	5.37mg	6.66mg (8IU)
- Providing 5.37mg of Alpha Tocopherol		
Kale (Brassica oleracea acephala)	3.33mg	3.33mg
Camu Camu (Myrciaria dubia)	3.33mg	3.33mg
Vitamin D3 (Vegetarian)	1.66µg	664µg (66.66IU)
<i>49.5% Maltodextrin, 42.4% Starch, 7.8% Sucrose, 0.25% Vitamin D3 (Cholecalciferol)</i>		
Black Pepper Extract (95% Piperine) (Piper nigrum)	133.33µg	133.33µg
Bamboo stem Extract (75% Silica) (Bambusa vulgaris)	3.33mg	3.33mg
<i>90% Bamboo Stem and 10% Maltodextrin from Non-GMO Corn.</i>		

	Net Label Claim	Gross Compound weight
Iron (Citrate)	4.66mg	23.33mg
Turmeric Extract (95% Curcuminoids) (<i>Curcuma longa</i>) <i>Maltodextrin 2%</i>	1.143mg	1.143mg
Baobab Fruit (<i>Adansonia digitata</i>)	3.33mg	3.33mg
Coconut Water powder (<i>Cocos nucifera</i>) <i>30-40% Maltodextrin</i>	3.33mg	3.33mg
Collagen (Marine)Collyss® ALLERGEN-FISH	600mg	600mg
Maca root Extract (10:1) (<i>Lepidium meyenii</i>) <i>70% Maca Root Extract, 30% Maltodextrin</i>	333.33µg	333.33µg
Papaya Fruit (<i>Carica papaya</i>)	3.33mg	3.33mg
Capsule Shell (Hydroxypropyl Methylcellulose)	120mg	

<u>EXCIPIENTS:</u>	None.
<u>APPEARANCE:</u>	Powder filled in two piece hard shell capsule
<u>DIAMETER:</u>	0.9cm (size 00)
<u>SHELF LIFE:</u>	Retest after 3 years
<u>DISINTEGRATION TIME:</u>	Within 30 minutes
<u>SPECIFICATION VALIDITY:</u>	1 year from last issue

QUALITY CONTROL: Each product, once produced, is examined by QC and visual and organoleptic tests carried out and validated for release.

ALLERGEN CONTROL: Ingredients that contain any allergen material are highlighted in **bold** in the above list of ingredients. Full allergen breakdown available from the G&G Quality Department.

TRACEABILITY: A unique Batch Number is assigned which follows the product through all stages of manufacture and delivery and is cross checked during production and at Quality Control.

PACKING SPECIFICATIONS: 90 capsules packed into a 200ml amber glass jar with a 45mm silver Unishell IHS lid. Customer supplied label applied.

LEGAL RESPONSIBILITY: G&G Food Supplies Ltd as the Manufacturer of your product is not responsible for the legality of your formulation, label, presentation, promotion and marketing. Your label must not state the G&G name or address. We strongly advise our customers to seek professional advice from the Health Food Manufacturers Association, Medicines and Healthcare Regulatory Agency, Food Standards Agency or Trading Standards in relation to the above and/or up to date legislation.

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We do hereby certify that the above data is true and correct, signed on behalf of G&G Food Supplies Ltd.

Signed _____ Date _____
E. & O.E.

Price: £5.62 per tub of 90 capsules.

Customer formulation approval
Name, Date and Signature: _____



Hala Ali (Feb 9; 2026 09:40:53 GMT)

Change to glass jars

Final Audit Report

2026-02-09

Created:	2026-02-05
By:	G&G Vitamins (forms@gandgvitamins.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAXOgub1bN9DIDlst98_FVbnHt5XZO_7Vq

"Change to glass jars" History

-  Document created by G&G Vitamins (forms@gandgvitamins.com)
2026-02-05 - 15:11:11 GMT- IP address: 87.252.57.137
-  Document emailed to info@dietapplements.com for signature
2026-02-05 - 15:11:20 GMT
-  Email viewed by info@dietapplements.com
2026-02-05 - 15:24:15 GMT- IP address: 92.41.158.16
-  Email viewed by info@dietapplements.com
2026-02-06 - 17:20:09 GMT- IP address: 92.41.158.16
-  Email viewed by info@dietapplements.com
2026-02-07 - 15:16:55 GMT- IP address: 86.185.187.190
-  Email viewed by info@dietapplements.com
2026-02-08 - 15:48:15 GMT- IP address: 86.185.187.190
-  Signer info@dietapplements.com entered name at signing as Hala Ali
2026-02-09 - 09:40:51 GMT- IP address: 92.41.158.16
-  Document e-signed by Hala Ali (info@dietapplements.com)
Signature Date: 2026-02-09 - 09:40:53 GMT - Time Source: server- IP address: 92.41.158.16
-  Agreement completed.
2026-02-09 - 09:40:53 GMT