

SUGGESTED USE: Take 2 capsules per day with a glass of water.

CAUTION: Do not exceed the recommended daily dose. If you are pregnant, breastfeeding, taking any medication or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if any adverse reactions occur. Not suitable for persons under the age of 18. Keep out of reach of children at all times. Do not use if seal is broken or missing.

Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

All our products are subject to our stringent quality assurance. Free From Artificial Colours, Preservatives & Flavourings.

Bottle made from at least 95% recycled plastic. Please recycle bottle with cap on.

STORAGE:
Store in a cool, dry place.

NL-C00755
V01



**Based on a 60 day supply*



ALPHA LIPOIC ACID

with Vitamins B1, B6 & B12



120 CAPSULES
FOOD SUPPLEMENT

Nutritional Information		
Serving Size: 2 Capsules		
Servings per Container: 60		
	Amount per Serving	%RI*
Thiamine (B1)	25mg	2273%
Vitamin B6	8mg	571%
Vitamin B12	400µg	16,000%
Alpha Lipoic Acid	600mg	**
* Reference Intake ** No RI established		

Ingredients: Alpha Lipoic Acid, Capsule Shell (Hydroxypropyl Methylcellulose), Bulking Agent (Microcrystalline Cellulose), Thiamine Hydrochloride, Anti-Caking Agent (Magnesium Stearate), Pyridoxine Hydrochloride, Vitamin B12 (Methylcobalamin).

Alpha Lipoic Acid does not originate from the UK

MANUFACTURED FOR:
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FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW