

Product

Name	Organic Gluten Free Brown Lentils
Description	Just Natural Organic Gluten Free Brown Lentils are carefully selected from only the best producers around the world. Commodities are often at risk of cross contamination with gluten as they are frequently processed in the same facilities as gluten containing products. Our Gluten Free Brown Lentils come from producers who use dedicated gluten free processing lines and gluten testing at a number of steps during their production to ensure our product is below 20PPM Gluten content. We are certified by Coeliac UK and our processes are audited annually to ensure we are producing a safe product for those who are allergic or intolerant to gluten. High in protein, these lentils make the perfect base for Indian Dahl dishes and lentil salads.
Code	JGF26
Barcode	5060338039924
Country of Origin*	Turkey
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
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Shelf Life

Maximum Shelf Life	24 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Organic Brown Lentils
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	1,477KJ (353 kcal)
Fat	1.1g
Of Which Saturates	0.2g
Carbohydrates	29.6g
Of Which Sugars	2.0g
Fibre	30.5g
Protein	25.8g
Salt	0.0g

Certifications	Organic (Soil Association), Vegan Society, Coeliac Cross Grain
Serving Requirements	Place 100g of Brown Lentils into a saucepan and cover with fresh water. Bring to the boil, cover with lid, and reduce heat. Simmer for approx. 15-20 minutes or until cooked and tender.