Ingredients

Water, Sorbitol (viscosity modifier), Natural orange flavouring, Methylcobalamin (vitamin Bl2 - 200µg/8000% Reference Intake), Citric acid (acidity regulator), Potassium sorbate (preservative), Tri sodium citrate (acidity regulator), Steviol glycosides (natural sweetener).

Usage

Serving size: Adults take 1 to 6 (max) sprays daily. 6 sprays provides 1200 μg

Suggested use: Spray up to 6 times under the tongue and hold for 30 seconds before swallowing.

Do not exceed the recommended daily intake. Food supplements should not be used as a substitute for a varied diet.

Sprays per bottle: 220

Storage: Store in a cool dry place. Store out of reach of young children.