

PRODUCT INFORMATION:

Typically per capsule:

Bifidobacterium bifidum,
Lactobacillus acidophilus 10×10^9
(10 billion) live bacteria

Directions: Adults take 1 capsule daily, or as directed by a practitioner or pharmacist. Take with a glass of water, ideally first thing in the morning when the pH of the stomach is at its highest (i.e. not so acidic). Do not take within half an hour of consuming hot food or drink, heat kills bacteria. Do not exceed recommended daily intake. Food supplements should not replace a balanced diet and a healthy lifestyle.

Caution: If you are taking medication, have an immune-compromised condition or you are pregnant/breastfeeding do not use this product except on the advice of a doctor.

Ingredients: Bacterial Culture (providing Bifidobacterium bifidum and Lactobacillus acidophilus), Capsule Shell (Hypromellose & Gellan Gum), Anti-caking Agent (Stearic Acid).

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LAMBERTS®

THE PROFESSIONAL RANGE

Biome Balance
Everyday



**Lactobacillus
acidophilus and
Bifidobacterium**

Providing
10
BILLION
organisms

Vegan FOOD SUPPLEMENT
30 capsules

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KEEP AWAY FROM CHILDREN

Store in a cool dry place

BEST BEFORE END:

BATCH NUMBER: