

100% ORGANIC

CLEAN. PURE. EFFECTIVE.

SUPPLEMENT FACTS

Serving Size: 2 Vegetarian Capsule
Servings per Container: 30

Amount Per 2 Capsules

Organic Green Tea	800mg*
Full-Spectrum Standardized Extract	
2:1 Herb to Extract Ratio**	
(Camellia sinensis, 50% Polyphenols, Less than 10% Caffeine)	

**Equivalent to whole plant Green Tea	1.6g
---------------------------------------	------

Ingredients:
Organic Green Tea Extract, Plant-Based
Hypromellose Capsules

*Nutrient Reference Value not established



Description:

Green tea has been used for centuries in Asian cultures and researchers have successfully used the extract of green tea for safe, healthy weight loss, promoting appetite control, and fat burning. True Veda's Green Tea Extract is made from the leaves of *Camellia Sinensis* and is a great source of antioxidants called a great dietary supplement to combine with a healthy diet & exercise to help you achieve your weight loss goals!

General Benefits:

Found in many fat burners and diet formulas, green tea can boost your thermogenic metabolism so you can lose weight fast. The supplement is a great replacement for coffee whilst providing a boost of natural energy levels. It also contains Catechins and EGCG which increase metabolism, further support fat loss, strengthen the immune system and help to lower the risk of heart disease.

EGCG, the potent extract of green tea, can help you burn fat and lose weight, all while contributing to other improvements in health markers such as mental clarity, cognitive function, cellular health, cardiovascular conditioning & dental health.

Over time these improvements in your health may not only slow the ageing process but may also help improve your mood and help you live a longer, happier, higher quality of life.