



PO Box 15770, Westmead 3608,  
8 Ficus Place, Mahogany Ridge, KZN  
[www.fryfamilyfood.com](http://www.fryfamilyfood.com)

## PRODUCT SPECIFICATIONS

### PRODUCT INFORMATION

Product Description:	<b>Plant Based Popcorn Chick'n</b>
Product Category:	Frozen
Manufacturer:	Fry Group Foods (Pty) Ltd. 8 Ficus Place Mahogany Ridge Westmead 3610 South Africa
Packer:	Fry Group Foods (Pty) Ltd. 8 Ficus Place Mahogany Ridge Westmead 3610 South Africa
Weight per pack:	300g
Units per pack:	N/A
Packs per case:	6
Shelf-life:	18 Months from Date of Manufacture
Product Code:	F9916
Retail Barcode:	6005207001991
Retail Dimensions (Lx Wx H):	94mm x 94mm x 165mm
Shipper Barcode:	46005207001999
Shipper Dimensions (Lx Wx H):	575mm x 101mm x 175mm



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## **CONTACT DETAILS**

Contact Name	Merisha Harry
Position	Senior Product Developer
Phone Number	+27 317003022
E-Mail Address	<a href="mailto:merisha@thelivekindlyco.com">merisha@thelivekindlyco.com</a>

## **DECLARATIONS**

Ingredients:	<b>SOY</b> Protein Concentrate (33.4%), Breeding (21.1%)( <b>WHEAT</b> Flour, Salt, Sunflower Oil, Raising Agent (Ammonium Carbonates)), Salt, Starch (Potato, Tapioca), <b>WHEAT GLUTEN</b> , Dextrose, Raising Agent (Diphosphates, Sodium Carbonate), Sugar, Onion Powder, Colour (Paprika Oleoresins, Curcumin), Thyme, Pepper, <b>CELERY</b> , Water, Sunflower Oil, Textured <b>SOY</b> Protein (11.2%), <b>WHEAT</b> Flour, Isolated <b>SOY</b> Protein (1.7%), Maize Starch, Bamboo Fibre, Thickener (Methyl Cellulose), Salt, Flavourings, Yeast Extract, Maltodextrin, Onion Powder, Raising Agent (Ammonium Carbonate), Garlic Powder, <b>CELERY</b> , <b>BARLEY</b> Yeast Extract, Acidity Regulator (lactic Acid), Pepper, Vegetable Oil (Palm*).  *From Sustainable Sources
Allergens:	Soy, Wheat, Gluten, Barley, Celery
Claims:	Meat, Egg and Dairy free (100% Vegan) Vegan  GM Free  Source of Protein
Endorsements:	TBC



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## **SHELF LIFE AND STORAGE DETAILS**

Shelf-life:	18 Months from Date of Manufacture
Date Coding:	MNF: Date of Manufacture BBD: Best Before Date
Storage and Distribution Requirements:	Keep Frozen. Store at or below minus 18`C until best before date. DO NOT REFREEZE AFTER THAWING.

## **PACKAGING & LABELLING DETAILS**

Primary Packaging Material:	LDPE Plastic
Secondary Packaging Material:	Cardboard shipper

## **COOKING INSTRUCTIONS**

<b>Cook from Frozen – Remove from Packaging</b>	
Cook in Oven	Preheat oven to 180`C and bake for 10-12 minutes until golden brown and crispy.
Cook in Frying Pan	Cook in little oil for 8-10 minutes until golden brown and crispy
Cook in Air Fryer	Cook for 6-7 minutes at 190`C
<b>Ovens vary, these instructions are guides only</b>	

## **USES & ABUSES**

Intended Use	Product can be consumed as part of a full meal or on its own
Potential Abuses of Product once out of Fry's Control	Temperature abuse
Potential Hazards Related to abuse	Mould, sourness

Issue Number	00	Fry Group Foods SA Product Specification	Page 3 of 8	Last Modified: 11/04/2017
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## **INTOLERANCE DATA**

<b>Is the product free from:</b>	<b>Yes/No</b>	<b>If No, state source</b>
Nuts and nut derivatives	Yes	
Nut Derived Oils	Yes	
Nut Cross Contamination	Yes	
Seeds and seed derivatives	Yes	
Seed Derived Oils	No	
Seed Cross Contamination	Yes	
Sesame Seeds	Yes	
Additives	No	
Preservatives	Yes	
Antioxidants	Yes	
Natural Colours	No	
Artificial Colours	Yes	
Natural Flavours	Yes	
Artificial Flavours	No	
Sweeteners	Yes	
Aspartame	Yes	
Flavour Enhancers	Yes	
Monosodium Glutamate	Yes	
Naturally Occurring MSG	Yes	
Wheat	No	
Gluten	No	
Rye	Yes	
Oats	Yes	
Maize and maize derivatives	Yes	
Milk and milk derivatives	Yes	



LIVEKINDLY  
COLLECTIVE

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Lactose	Yes	
Egg and Egg products	Yes	
Soya and soya derivatives	No	
Fruit and fruit derivatives	No	
Vegetables and vegetable derivatives	Yes	
Yeast and yeast derivatives	No	
Sulphur dioxide and sulphites	Yes	
Benzoates	Yes	
BHA / BHT	Yes	
Hydrolysed vegetable protein	Yes	
Added salt	No	
Added sugar	Yes	
Irradiated foodstuffs	Yes	
Fish	Yes	
Shellfish	Yes	
Celery	No	
Mustard	Yes	
Lupin	Yes	

## **GM STATUS**

Question	Yes/No
Does the product or any of its ingredients contain any genetically modified material (active or not)	No
Is the product or any of its ingredients not substantially equivalent as a consequence of the use of genetic modifications?	No
Is the product or any of its ingredients or additives produced from, but not containing, any genetically modified materials?	No
Have genetically modified organisms been used as processing aids or used in connection with the production of the food or any of its ingredients?	No

Issue Number	00	Fry Group Foods SA Product Specification	Page 5 of 8	Last Modified: 11/04/2017
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Have genetically modified organisms been used to product processing aids or additives but where such genetically modified organisms are not present in the processing aid as used in connection with the production of the food or any of its ingredients?	No
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### **IS THE PRODUCT SUITABLE FOR:**

Criteria	Yes/No	Criteria	Yes/No
Vegetarians	Yes	Halal	TBC
Lacto-Vegetarians	Yes	Kosher	TBC
Vegans	Yes	Coeliacs	No

### **SENSORY AND PHYSICAL PROPERTIES:**

Attribute	Description
Colour	Golden brown
Flavour	Chicken-like savoury flavour
Texture	Soft chewy centre and a crispy coating
Aroma	Savoury



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## **NUTRITIONAL INFORMATION**

Servings per package: 4

Serving size: 75g

Average Values	Quantity per 100g	Quantity per servings
Energy	658kJ (157 kcal)	494kJ (118 kcal)
Protein	10.8g	8.1g
Fat, total – Saturated	8.6g 1.3g	6.5g 1.0g
Carbohydrate - sugars	9.1g 1.4g	6.8g 1.0g
Dietary fibre, total #	0.5g	0.4g
Sodium	640mg	480mg

# Method of Analysis AOAC method 991.43. Nutritional information obtained by analysis.

## **FINISHED PRODUCT SPECS**

Weight:	10g
Dimensions:	N/A



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## **MICROBIOLOGICAL SPECS**

TEST	LIMIT / g
TPC	<300000 cfu/g
Ecoli	<10 per 25g
Staph	<10 per 25g
Coliforms	<1000 cfu/g
Yeasts	<2000 cfu/g
Moulds	<300 cfu/g
Listeria	<10 per 25g
Salmonella	<10 per 25g
<b>Product will be rejected if not conforming to above Microbiological Specification</b>	

## **FOR FRY GROUP FOODS (PTY) LTD**

Signature	M. Harry
Print Name	Merisha Harry
Revision	2.0
Date	09.01.2023