

New Recipe

amisa

DELIGHTFULLY GLUTEN FREE

ORGANIC
Seeded

BREAKFAST ROLLS

easy bake
10
minutes

- ✓ Vegan
- ✓ High fibre
- ✓ Gluten free



serving suggestion

180g
(3x rolls)



NL-B10-01
EU/Non-EU Agriculture

Ingredients: water, corn starch*, rice flour*, linseed* (3.4%), sunflower seeds* (2.9%), psyllium* (2.3%), invert sugar*, **oats*** (gluten free), millet*, chickpea flour*, poppy seeds* (1.6%), sunflower oil*, apple fibre*, **sesame seeds*** (1.3%), yeast, salt, emulsifier: xanthan gum, black cumin oil*, chickpea protein*, thickener: guar gum*, basil powder*.

* = certified organic ingredients

Allergy advice: For allergens see ingredients in **bold**. Produced in an environment where **eggs, lupin, milk, soy** and **nuts** are also used.

Storage: Store in cool and dry conditions. Once opened, store refrigerated and consume within two days. Packed under modified atmosphere.

Preparation: Remove packaging and place rolls on middle shelf in a pre-heated oven. Bake at 200°C for 10 minutes, or until golden brown.

Average Nutritional Values per 100g

ENERGY	838kJ/200kcal
FAT	7.1g
of which saturates	0.8g
CARBOHYDRATE	28g
of which sugars	2.4g
FIBRE	7.1g
PROTEIN	5.3g
SALT	1.0g

Best before: See stamp on front.

www.amisa.co.uk

Amisa, 6a Lower Teddington Rd, Kingston, KT1 4ER, UK
Amisa, Turfstekker 6, 8433 HT, Haulerwijk, NL

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