INGREDIENTS & ALLERGENS

Ingredient list	Allergen Advice	CELERY	GLUTEN	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Wrapper: Wheat Flour, Water, Corn Starch, Wheat Gluten, Sugar and Salt. Filling: Duck (35.1%), Carrots, Seasoning Sauce (Water, Glucose Syrup, Sugar, Soya paste (Water, Soybean, Rice, Salt), Light Soy Sauce (Water, Salt, Soybean, Wheat, Sugar), Concentrated Tomato Puree, Modified Starch, Vinegar, Ginger, Garlic Puree, Onion Powder, Rapeseed Oil, Chinese Five Spices, White Peppercorn, Plain Caramel), Water, Spring Onion, Sesame Oil, Balsamic Vinegar (Wine Vinegar, contains Sulphites), Garlic, Ginger, Yeast Extract and Salt.	**For allergens, see ingredients in bold. May contain traces of crustaceans, molluscs, fish, milk and eggs.**		YES										YES	YES	YES

Nutritional - per unit (per dumpling) - content in grammes to one decimal place									Nutritional - per 100g								
Energy (kj)	Energy (kcal)	Fat	Sat	Carb	Sugar	Protein	Fibre	Salt	Energy (kj)	Energy (kcal)	Fat	Sat	Carb	Sugar	Protein	Fibre	Salt
200.1kJ	47.7kcal	1.4g	0.4g	5.8g	1.9g	2.8g	0.3g	0.2g	800.5kJ	190.8kcal	5.6g	1.4g	23.3g	7.8g	11.3g	1.2g	0.9g