



Rise above life's chaos.
A deliciously silky blend with soft herbal notes, lightly floral with a hint of sweetness for an irresistible moment of

MINDFUL RELAXATION

HOLY BASIL



LION'S MANE



LEMON BALM



PASSION FLOWER

LIQUORICE



Lemon balm contributes to relaxation. Enjoy 3 cups a day as part of a varied and balanced diet and healthy lifestyle. We are inspired by the resilience of nature and its ability to adapt to an ever-changing world That's why we always turn to the timeless wisdom of plants when we are creating solutions to those modern-day challenges that can make life tough. If you love our teas, why not explore our range of supplements too!

Laura & Mark
The Herbtender Founders

HOW TO USE

Infuse in freshly boiled water for 5-15 minutes, leave the bag in the cup to enjoy a stronger flavour.

NATURALLY CAFFEINE-FREE

100% ORGANICALLY GROWN INGREDIENTS

SUSTAINABLY SOURCED & PACKED

INGREDIENTS:

Holy Basil leaf (30%), Lemon Balm leaf (25%), Passionflower, Rose petals (12%), Liquorice root, Lion's Mane (6%).

Contains liquorice – people suffering from hypertension should avoid excessive consumption.

@THEHERBTENDER

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